

A photograph of a lavender field with a hummingbird in flight. The lavender flowers are purple and the stems are green. The hummingbird is in the lower half of the image, hovering near a flower. The text is overlaid on the image.

**I Am A
Miracle:
You Too**

Pablo Solutin

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You Too

By

Pablo H. Solutin

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This book is dedicated to my God and my neighbour.

Lord Jesus Christ, thank you for this day, this life, and everything we need in order to live. Allow us to use all your blessings for the glory of the Kingdom of Heaven.

Thank you for making us worthy again of the Father's love and presence. The Father listens to your voice. Everything is possible for you. Please bring us back to the Kingdom of Heaven again. Please make it possible for us.

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Chapter 1

Introduction

This book does not promise a miracle. As stated in our title and subtitle, we are all miracles already. That means half of the story is in the reader. When the reader recognizes the miracle that is him or her, the power that resides within undergoes a reorientation. A reorientation that is aligned with the source—God. That is the principal purpose of this book. To show how the power within us can be used to write a new story. The story of making the will of God on earth as it is in heaven.

The most important Chapters of this book are 10 and 11. Feel free to jump to that part if you wish. The rest of the book explains why we should practice the suggested exercises in those chapters. Anyway, the reasons will reveal themselves as the benefits of the exercises are realized. However, the book can be read in the order given by the Table of Contents to clear any suspicion that may arise about the purpose. If those exercises are not practiced, the book loses its value and I as writer become a failure. My fate of failure or success, therefore, lies in the reader's freedom of choice. If by choice the reader's verdict is to fail me, suffer it to be that way for now. If heaven can wait so can I.

This book does not claim to be the only source of spiritual enlightenment. In fact, you can read the Bible directly. However, this book attempts to lead the reader immediately to

the verses critical to our faith and belief as Christians and saves the reader the time I spent finding them. The Bible does not claim to be the only source too. In fact the Bible admits its own incompleteness. The Bible, however, implies about the best and the greatest source of enlightenment. It is implied in the line that says: "The letter killeth but the Spirit gave it life." This does not mean, however, that the Bible is of no value. It is there where we can find guidance for enlightenment. The Bible may appear inconsistent or contradictory. Actually, it is consistent from the Old Testament to the New Testament. It is the psychical programming of the reader that makes the Bible seemingly inconsistent and contradictory.

The most mysterious mystery of all is that Jesus did not totally claim as the only son of God. He even did not claim as the only healer. This book will attempt to clarify that.

Chapter 2

The Rise and Fall to Dust

A friend of mine went home from England to our fatherland, the Philippines, bringing the remains of his mother in the urn. This is the most economical and practical way to bring the remains of somebody who wished to be brought back home after passing away in a far-off land. The remains, according to him, looked like a white, powdery ash weighing just a few pounds. This particular homecoming is a little bit unique to me because cremation is not a widespread practice in our country. However, it certainly brought my imagination back to my high school science and Bible readings.

Science is correct. After producing volumes of literature numerous times heavier than the human body, science tells us that the body is composed mainly of water. I remember memorizing the different systems and their functions. I remember making drawings and labelling the different parts from the single cell to the skeletal system. I realized how difficult the life of medical students and professionals should be in terms of the structure, functions and processes that should be memorized besides the funding requirement that was beyond our financial capacity, so I did not pursue that direction. I decided to take Accounting which was cheaper, easier, and in demand at the time.

However, the situation did not kill my curiosity. I wondered why I should be sickly while others strong and healthy. So, I continued to read on whatever medical literature

I could grab. To make a long story short, using my accounting skill, I was able to arrive at a general view in terms of the chemical composition of the human body.

WATER

Hydrogen

Oxygen

CARBOHYDRATES

Carbon

Hydrogen

Oxygen

FATS

Carbon

Hydrogen

Oxygen

PROTEINS

Carbon

Hydrogen

Nitrogen

Oxygen

MINERALS

Calcium

Cobalt

Iron

Magnesium

Phosphorous

Potassium

During cremation, water evaporates back to the atmosphere. The hydrogen and carbon in carbohydrates, fats and proteins combine with oxygen to form water vapour and carbon dioxide. The nitrogen in protein combines with oxygen and goes back to the atmosphere. The minerals combine with

oxygen and form the white, powdery ash left after the cremation process is over.

This is where science and the Bible meet. Science broke down the “dust” in the Bible into different metallic elements of the periodic table. The Bible said: “...for dust you are and to dust you will return.”(*Genesis 3:19* *By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.*) Both science and the Bible agree on this, in the sense that whether we call the remains dust or describe it by its mineral components, the conceptual meaning remains the same. The dust in the Bible is just the oxides of the different metals described by science. Furthermore, whether man ends up in the urn or as a skeleton in the cemetery, the fundamental composition remain the same—metal oxides or dust.

Look at the remains whether in the urn or the cemetery. Life is gone. Light is gone. Look at us. There is a big difference between the dust and us. That difference is the miracle that makes us speak, sing or dance. The difference is the miracle that makes our heart beat, the miracle that makes our immune system relentlessly fight diseases, the miracle that commands our cells to regenerate and replace every worn out cell every moment of our life. This is the miracle that is brought by the image of God within you and me. The image referred to when God said: “*Let us make man in our image, after our likeness*”(Genesis 1:26). You and I are the living proof of God in this four dimensional universe. Yes. As long as the image of God dwells in this temple it will stand above the ground. However, like an edifice too old and unworthy to live in, it crumbles to the ground like dust.

It looks like this is the inevitable destiny of man on earth. Teachers even make us believe that it is God’s will that we all should get sick, get old and die. They even quote Bible verses to prove that. No, no, no, this is not the will of God (*Ezekiel*

18:32 *For I have no pleasure in the death of him that dieth, saith the Lord GOD: wherefore turn yourselves, and live ye.*) That is the purpose of this book. To prove that death is not the will of God, and that man can regain immortality if he aligns his will to God's will. Our God is the God of the living, is not it?(*Mark 12:27 He is not the God of the dead, but the God of the living: ye therefore do greatly err.*) So be it. Why believe in sickness, aging and death? That is our problem—our belief.

The Bible gives an account of how God made man rise from the dust of the earth (*Genesis 1:26*) on the sixth day. In the preceding discussion we talked about the reverse process. That is how the temple of the Holy Ghost (*1 Corinthians 6:19 What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?*) crumbles down back to the dust of the earth. This death is being duplicated or repeated every day all over the world. Conversely, can the miracle of creation in Genesis be duplicated or repeated? Yes, it can, and is being repeated and duplicated every day all over the world. Where? Can't you see it happening in the mother's womb? What is the difference between the miracle in Genesis and the miracle in the womb? The location and the time it takes to develop a full grown man have changed. However, the process, the elements, and the breath of life remain essentially the same. Let us compare the creation in Genesis and the conception in the womb:

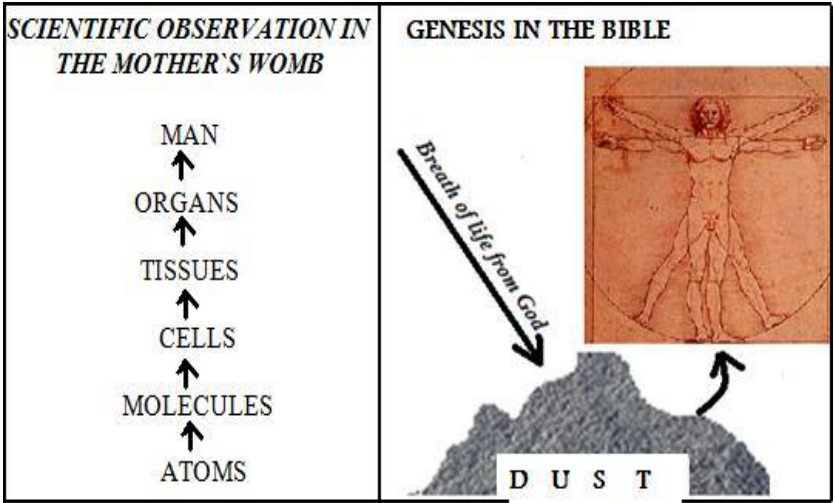


Figure 1- Conception and Genesis

What science has done so far is to describe the miracle in her own words in a more detailed and complicated manner. The principles governing the process, however, remain the same. For example, the force that holds the protons together at the center of the atom has been given the name of “gluons”. The cause and origin of that force, however, remain unexplained or undetermined. It is understood that there is a force or power that makes everything work from the basic elements of the earth to a human being. The Bible says that force is the power of God working in man. Man says we can make it work in the test tube, but what for? So the sperm and zygote is brought into the test tube and allow to fertilize, then brought back to the womb any way because the laboratory cannot sustain the development any further. What a waste of mental and emotional energy. If in the future we are able to continue creating human beings this way, our creation will be devoid of the love that makes them alive. They will surely deny us saying: “Who are you? I never knew you.” The denial

and rejection we give to God who created us will surely come back to us, and destroy us. Then we ask God, why? Terrible.

The man and the woman have been given the authority to procreate by means of the sperm and the ovum and share the breath of life by means of love. If we try to decompose the sperm and the ovum, we would just end up with the different elements in our previous presentation. The sperm and the ovum represent the dust enumerated as different elements. Love makes them unite into a zygote and serves as an invisible force that attracts all material elements through the placenta for regeneration and differentiation into tissues and organs that constitute our living bodies right now. Many of us would travel around the world to search for miracles. There is no need to go far, for the real miracle is within each of us. The miracle is us. This body is the only earthen sculpture that can sing, dance, think, speak, listen, smell, see, and feel. This body is like a machine that cleanses itself from the by-products of its own operation and all the pollutants and poisons coming in from the environment. This body constantly defends itself from invading microbes and repairs itself for damages caused by wear and tear and external forces of daily living. All of these activities have been undertaken by this body since birth without our consciously knowing about it and everything continues to happen even during our sleep. This has been proven by science and Jesus spoke about it. *(Mark 7:14 Again Jesus called the crowd to him and said, "Listen to me, everyone, and understand this. 15 Nothing outside a man can make him 'unclean' by going into him. Rather, it is what comes out of a man that makes him 'unclean. 17 after he had left the crowd and entered the house, his disciples asked him about this parable. 18 "Are you so dull?" he asked. "Don't you see that nothing that enters a man from the outside can make him 'unclean'? 19 for it doesn't go into his heart but into his stomach, and then out of his body."*

Science has discovered numerous substances that this body produces to support and sustain daily life. Many of these substances have been synthesized in the laboratory: the hormones, protein neurotransmitters, enzymes, and the growth factors that revive stem cells from their sleeping state. Who can tell what more can science discover and synthesize in the future? This illustrates how wonderful this body functions and operates without our conscious intervention. For me, this is a concrete proof of God's power working within us, within every bit of our flesh. This is a clear illustration of the light in every man mentioned by John in the first chapter of his Gospel (*John 1:1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was with God in the beginning. 3 Through him all things were made; without him nothing was made that has been made. 4 In him was life, and that life was the light of men. 5 The light shines in the darkness, but the darkness has not understood.*).

Let us look at these verses from 1 to 5. God creates by speaking what He has in mind. That means divine creation goes thru 3 stages: Image, Ordain, and Manifest. God thinks, speaks (ordain) and His thoughts manifests in this material universe. When God speaks his thoughts, the Word comes out of his mouth, and thru that Word all things (verse 3), including all of us, were made. It makes the Word our eldest brother, because He preceded all of us. This Word is also God and has life and that life is our light. That is why Jesus said: (*Matthew 4:4 It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.*). As long as this light shines in us, we continue to live. If that light ceases to shine in our darkness, life will be gone. The disaster is that the darkness has not understood—meaning (verse 5) we have been ignorant of the light that is making us alive. Consequently, many of us are unable to accept or receive and, therefore, believe in the life giving light that is in every one of

us. This is the objective of Satan. To make us forget or become ignorant of the light in us. Satan wants us to believe that we are not brothers of the Word. He wants us to think and feel that we are not sons of God, that only Jesus is the son of the Father in heaven. Our purpose in this book is to remind or to bring back to consciousness the presence of the light, so it will be understood, received and believed in. Remember. *(Mark16:16 He that believeth and is baptized shall be saved; but he that believeth not shall be damned.)*

Chapter 3

The Power of God Within Us

Our soul is an integration of the mind, the emotion, and the memory. In my previous book titled: ``We Are Gods: Jesus Said So`` the power of these three intangible entities was presented. The truth is that the power that we possess is equal to God, our creator. This may seem ridiculous because our observation tells us that no one here on earth can perform such miracles of Godly proportion like what Moses, Elijah and Jesus did. Even if we lived in the time of Moses, Elijah or Jesus we would still refuse to believe we can do it just like many people then believed. Did God allow these men to walk the earth to exhibit His power thru His elect, or to show us all that we humans can be Gods if we choose to be? Again, our belief is our problem as mentioned in the previous chapter. However, this statement of Jesus should change our mind: (*John 14:12*) *Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.*).

Adam and Eve were immortal before they ate the fruit of the knowledge of good and evil. That means everything they saw in Paradise was good. Everything was a perfect reflection of the creator. They knew nothing about evil. That made them immortal as the creator in heaven is immortal. A list of good and evil follows:

Good	Evil
Light	Darkness
Life	Death
Love	Hatred
Health	Sickness
Youth	Old age
Happiness	Sadness
Freedom	Bondage

All the good qualities above go with the presence of God. Therefore, we can define evil as the absence of God. God, however, is omnipresent. God is never absent. Then why should evil seem to be with the planet we live in? This is what actually is happening. To clarify our point, let us start with Adam and Eve in paradise.

The serpent knew the power of the mind and the emotion. “Knowledge is power” the saying goes, but another saying tells us that “everything can work both ways”—for good or evil. Now the serpent knew he could not easily tamper with Adam’s mind and emotion, so he went to Adam’s weakness, Eve. The devil knew that the mental and emotional power given by God to Adam and Eve are equal to God. The only way then to make war with God is to use God’s own power against God thru the mind and emotion of Adam and Eve. The devil has no power over man. If he had he could have just destroyed Adam and Eve at the wave of his hand. He could not, so he must find a way to convince them by temptation. We know the rest of the story.

Reading between the lines of Genesis should make us realize that the mere knowledge of evil neutralizes the presence of God. The mental and emotional powers of God in man are being set against God’s presence by the choice of man ($X - X = 0$, whatever value assigned to X). The situation creates an artificial vacuum of divine presence and allows evil to set in.

Why artificial? Artificial because the power of God is still there, and the mental and emotional power of man (gifted by God) is still there also. However, these powers have been set against each other thru the will of man by his own choice. That was the choice of Eve then, to know evil by eating the fruit of the knowledge of good and evil. Adam went with Eve's decision because he loved her very much.

Practically the serpent did nothing of his own, because he has nothing of his own. He is a lie. If the serpent had anything, it is not his own but comes from God before his rebellion. He simply tempted and convinced Adam and Eve to go against God unknowingly by choice. This created a neutral space for the devil's existence—an artificial and transitional existence. In other words, it is us who dictates whether to grant the devil his power or not. This scheme of the devil is still very effective until now to many of us including me. He succeeded in Paradise. He is doing it to every one of us—right now. He failed to tempt Jesus in the desert. He failed against Job, Elijah, Moses, John, the apostles and the disciples, and I believe; strongly believe that he continues to fail against many of us around the world right now. This belief of mine inspires me to find the way to succeed against him and bring glory to God in this temple of the Holy Spirit in this very lifetime.

What now? Since we already know both good and evil, we must work it out to the best we can under the present scenario. We are in a situation where our godly powers are set against the God who gave it in terms of our fear, doubt and the rejection of God in our mental, emotional and physical habits. How do we solve the problem then? Simple, align our godly powers with God. The only complicating factors are our mental and emotional framework and our social matrix. One move is to work on our belief. Jesus said: *“(Mark 11:23) For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and*

shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.” Why should Jesus say this to his disciples? He said this because he knew very well their mental and emotional programming. They were all programmed to doubt the power of God in them. We are all programmed to doubt the power of God in us. In the Gospel according to Thomas, Jesus calls this “intoxication”. That makes the image of God in us seemingly absent. However, if the image of God in us is really not within us, we should be dust. Since we are programmed not to believe that we are children of God, the image of God in us is there but it is not there.

All of us who believe in Jesus know that the power of God is in Him. Let us take the story from *Matthew 14: 25 During the fourth watch of the night Jesus went out to them, walking on the lake. 26 When the disciples saw him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear. 27 But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.” 28 “Lord, if it’s you,” Peter replied, “tell me to come to you on the water.” 29 “Come,” he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. 30 But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!” 31 Immediately Jesus reached out his hand and caught him. “You of little faith,” he said, “why did you doubt?”* This means that the doubt of Peter was powerful enough to neutralize the power of Jesus even in Jesus’ presence. Peter’s mere knowing that he might sink ruined everything. Knowledge really is power. Everything can work both ways—positive or negative. In the case of Peter then, his power at that moment was working on the negative side.

In all the healing works of Jesus, Jesus never said I made you well. Rather, He said words such as:

Luke 17:19 “Then he said to him, “Rise and go; your faith has made you well.”

Matthew 9:22 Jesus turned and saw her. “Take heart, daughter,” he said, “your faith has healed you.” And the woman was healed from that moment.

Matthew 9:29 Then he touched their eyes and said, “According to your faith will it be done to you”; 30 and their sight was restored.

The present teaching tells us that only Jesus has the exclusive right to have the power of God on earth. Obviously, however, Jesus did not claim exclusivity in using the power of God in accordance or in alignment with God’s will and purpose. By saying: “your faith has made you well”, “your faith has healed you,” or “according to your faith will it be done to you” he was telling the paralytic, the woman and the blind and consequently is telling us today plainly and directly that we can heal ourselves by simply aligning our powers with the power of God that is already in us. In these occasions, the leper, the woman and the blind were all healed because they decided to keep faith rather than doubt and fear. In so doing, the presence of God’s power in them was re-aligned with the will of God at that very moment. In other words, His will was done on earth as it is in heaven. The artificial vacuum created by doubt, fear, and unfaithfulness was replaced by the full presence of God. Their mental and emotional orientation made possible for the image of God in them to be there the way it should be. All the good qualities we have listed previously manifested in them physically. God made his presence to be in this world even in every bit of our flesh; otherwise we all go back to dust. This earthly lifetime gives us the chance to make a choice between turning away from our sins or from Him. Why should he need our own choice not His? Firstly, God already made his choice to save us by providing us with the life and light of his

presence. He needs our own choice now because we made a choice to turn away from Him before. That is why we are here.

Let us take a look at the prayer taught by the Lord:

Matthew 6:9Our Father, you are in heaven

Holy be your name,

10 Your kingdom come

Your will be done on earth

As it is in heaven

11 Give us this day our daily bread

12 Forgive us our sins

As we forgive those who sin against us

13 Do not lead us to the test

But deliver us from evil

For the Kingdom, the power and the glory are

Yours now and forever.

The present teaching tells that Jesus is the only Son of God. Jesus, however, teaches us to call His Father our Father in verse 9 above. That means we are all sons and daughters of God. Jesus considers us his brothers and sisters. If you have any problem with that that is understandable, because all our life we are taught that there is only one Son of God in the person of Jesus. This is how the miracle of God transcends the common sense of man. Saul had the same kind of common sense when he persecuted the Christians before he became Paul. He believed in only one God, so he could not accept Jesus because doing so would make him believe in two Gods, the Father and the Son. That means Saul was limiting God's power in his mind and heart. What kind of God is God if God is unable to project Himself and manifest in the person of Jesus? We will go back to this later on. This teaching of Jesus that we are children of God is consistent with his "not"

claiming to be the exclusive healer of God. This time He is not also claiming to be the only son of God. The truth is that we are all sons and daughters of God, but Jesus is the one in whom the Father is well pleased. (*Luke 3:22 And the Holy Ghost descended in a bodily shape like a dove upon him, and a voice came from heaven, which said, Thou art my beloved Son; in thee I am well pleased.*)

At this point our mental and emotional programming may work against us again. We might say that Jesus is the only one who can please God. Sorry, wrong again. Jesus pleased God because He became like God. Jesus proved himself by not giving in to the ruler of this world. Abel, Enoch, Moses, and Elijah who re-incarnated into John the Baptist, pleased God because they were like Jesus. The apostles and many others became like Jesus and pleased God. Jesus said: “Be perfect as your Father in heaven is perfect” and also said “You can do what I have done, even greater.”

Let us go back to Verse 9 above saying: “Holy be your name.” What is the Father’s name? The Israelites did not know the name of the Father at the time they were freed from slavery in Egypt by Moses. Even Moses only knew it when the name was given to him by God himself while he was receiving the Ten Commandments at Mt. Sinai. How many of us know his name? I only knew the name when I read the book of Mark and Elizabeth Prophet, watched Cecil B. DeMille’s “The Ten Commandments”, and verified for myself the event in the Bible. *Exodus 3:13 Moses said to God, “Suppose I go to the Israelites and say to them, ‘The God of your fathers has sent me to you,’ and they ask me, ‘What is his name?’ Then what shall I tell them?” 14 God said to Moses, “I am who I am. This is what you are to say to the Israelites: ‘I AM has sent me to you.’” 15 God also said to Moses, “Say to the Israelites, ‘The LORD, the God of your fathers—the God of Abraham, the God of Isaac and the God of Jacob—has sent me to you.’ This is my*

name forever, the name by which I am to be remembered from generation to generation.”

Could this be one of the reasons why the Israelites suffered for 400 hundred years under Egyptian rule? I am afraid so. How could one worship a God whose name he doesn't even know? This could also be the reason of all the miseries in this world. Many of us do not know the name of the Father. God reminded the Israelites of the name they should never forget. While Adam and Eve died by knowing evil, it looks like the Israelites made room for the evil of slavery by forgetting the name of the Father. What is in that name anyway? It tells us how the Father loves us. "I Am" is in the first person, right. We use it to refer to our self. Now God makes it refer to him. Now if we utter the words "I Am", God's name becomes us. The phrase "I Am" now which is the name of God refers to the image of God in us as stated in *Genesis 1:26* *Then God said, "Let us make man in our image, in our likeness . . ."* This name is very important to God because he placed it in the third commandment. *Exodus 20:7* *"You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.* That is how powerful is the mind and emotion of man. Man losses the power of God by merely forgetting the God in him, and gives power to evil by merely knowing evil. This should also be the reason why there is so much misery in this world, the reason why "God is here but is not here."

How could it be that "God is here but is not here? Let us continue with verse 10 of the Lord's Prayer, "Your Kingdom come." When we speak of kingdom we imagine something like the one David and Solomon established during their time. Maybe like any of the governments we have in the world right now. Maybe the kingdom of God above will descend upon the earth. Where will that kingdom come from? It comes from heaven of course, but where is it now? Is it here now? I think

it is here now. The Kingdom has always been here, and I am afraid that it is not here because we do not know about it or if we knew we are unable to accept it. It is time to take a closer look at what Jesus said about the kingdom: *Luke 17:20 Once, having been asked by the Pharisees when the kingdom of God would come, Jesus replied, "The kingdom of God does not come with your careful observation, 21 nor will people say, 'Here it is,' or 'There it is,' because the kingdom of God is within you."* These words do not speak of some future time. The words are in the present tense and say the kingdom is within us, not something that can be seen or felt or touched, but something that can be felt by the heart and seen by the mind, if and only if we are willing to receive and accept it. This is the meaning of the phrase that this book will repeat and repeat: "It is here, but it is not here." Jesus said, it is within us, but we say no, no, no it will come may be tomorrow or many years from now. That is how we reject the kingdom in our mind and heart. That is the way we misalign our powers to that of God who gave it. Even worse, this is the way we misuse our Godly power against the God who gave it.

This is the same frame of mind Martha, sister of Lazarus, had then. *John 11:23 Jesus said to (her, "Your brother will rise again." 24 Martha answered, "I know he will rise again in the resurrection at the last day." 25 Jesus said to her, "I am the resurrection and the life. He who believes in me will live, even though he dies;"* Then Jesus proved to her that the resurrection can occur at the present time by calling Lazarus out of the tomb where he was buried for four days. It looks like the frame of mind of Peter and Martha that reflected the outlook of the people then has not improved after more than 2,000 years now. Our frame of mind today could be worse than theirs.

Let us move further to the remaining lines of Verse 10: "Your will be done on earth as it is in heaven." What is his

will? His will are the good qualities we have enumerated at the beginning of this chapter: Light, Life, Love, Health, Youth, Happiness, Freedom. These are his will in the Kingdom of Heaven. The inhabitants of heaven are filled with light, life and love. There are no tears in heaven and they do not die. Does it look like His will is done on earth as it is in heaven? The answer is obvious, no. Why? No, because everybody still gets old, gets sick and die. These are not the will of God. The earth not only refers to this planet that we live in. It also refers to this flesh body that is raised from the dust and is intended to be the temple of the Holy Spirit. Is the will of the Father here on earth? The answer is obvious, yes, because we are still alive. In other words, His will is here but is not done as in heaven. Again, and again, “it is here, but is not here” in terms of fulfilment.

The next paragraph says: “Give us this day our daily bread.” Does this bread refer to the bread on our dining table? Literally, yes, in fact, it is understood to represent all the food that we eat in order to nourish our physical body. However, the bread in the Lord’s Prayer brings a more significant meaning to me, a spiritual meaning. It reminds me of the bread in the last supper. *Matthew 26:26* *While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, “Take and eat; this is my body.”* It looks like Jesus had taught his disciples and talked to those close to him about the bread-and-his-body analogy long before the last supper, and they understood its true meaning. When I was just starting to read the Gospel, I was looking at the broken bread as a symbol of Jesus’ flesh body. Now I realize that my symbolism, though not very far from its true meaning, is not entirely accurate. The broken bread in the Last Supper symbolizes Jesus’ spiritual body; the one that comes directly from God; the one who married with His soul; the image of God in Him; the Christ in Him and the Christ in everybody;

your and my guardian angel; our super/higher/real self. If you have trouble accepting this, well, same here, but allow me to tell you why as we go toward the end of this book. In the meantime, is not the broken bread a representation of God’s creation of the celestial hierarchy out of the very essence of Himself to minister and take care of us before we were created as in the following illustration:

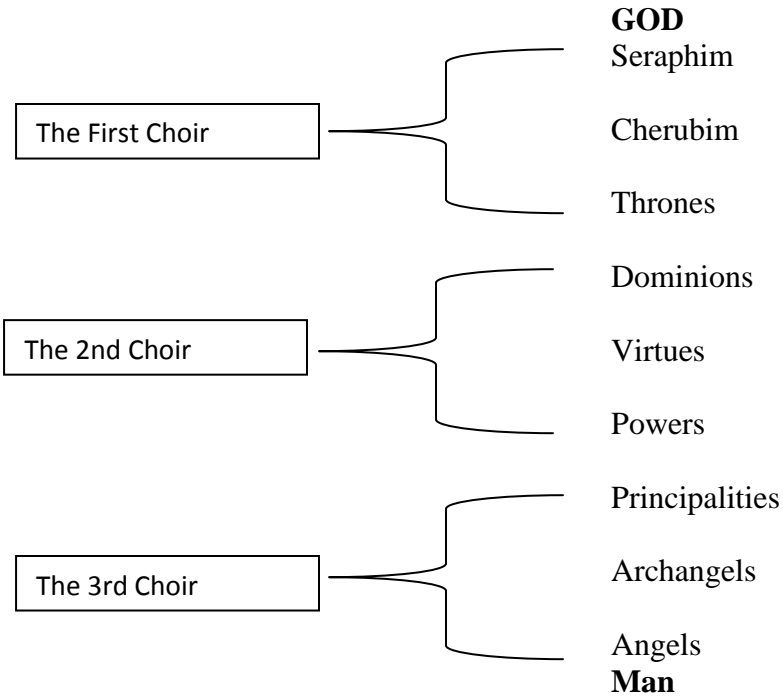


Figure 2: THE CELESTIAL HIEARCHY

How can it be said that Angels were created out of the very essence of God? Indeed they are the extension, a projection of God’s presence because every time men as great as Moses or Jacob met them, they had to fall to the ground in worship and

suddenly, those great men found themselves speaking to God already. This truth made different translation of scriptures contradictory since one version would say Abraham saw men; another version would tell Abraham saw Angels; and another version would say Abraham was talking to God. The truth is that all versions are correct.

All religions in the world teach about the so called Guardian Angel. In other words, there is an Angel for each and every one of us. Jesus said to Thomas. **(Thomas 15 Jesus said, “When you see one who was not born of woman, fall on your faces and worship, that one is your Father.”)** Jesus here is definitely referring to an Angel like the one Mother Mary spoke to when the good news was announced to her. The one Moses was talking to on Mt. Sinai. The one Joseph was talking to in a dream when he was planning to change his mind from marrying Mary, and the one who told him to rise and bring Jesus to Egypt to escape from the spears and swords that would kill all the first born of Israel. Like the one who announced the good news to the shepherds on Christmas Day. And, the Father Jesus was referring to is the Father in heaven, the one we call God.

Let us look at Figure 1. Man is at the bottom of the chart. The Angel immediately above us is the extension of God’s being made especially individually for each of us. The Angel is above us for the sake of illustration. However, that angel is also inside you and me, all of us, without exception if we are willing to receive, accept and listen to the message. This Angel is the breath of life coming from God thru the Celestial Hierarchy who enabled us to gather all the non-living atoms and molecules inside our mother’s womb, arrange those non-living substance into living cells, make them multiply and differentiate into tissues and organs that make up our physical body now. In other words, there are countless Angels right now ministering, coaching, guiding and taking care of each and

every one of us all over the earth if we are willing to receive them and listen to what they have to say.

Is not this the way the Father broke his body like bread, gave it to each of us, for our spiritual food that raised us from the non-living dust? This bread, the living parcel of God's body is always ready at the dining table in the Temple of the Holy Spirit (our flesh body). We have been eating that bread since our conception in our mother's womb. That spiritual bread that can make us live even without material food for forty days and forty nights. The bread Jesus was referring to when he told his disciples: (*John 4:32 "I have food to eat that you know nothing about."*) The breath of life referred to by Genesis: (*Genesis 2:7 And the LORD God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul*). The image referred to by Genesis: (*Genesis 1:26 And God said, Let us make man in our image, after our likeness*). The abundant fragments of God's essence from heaven referred to by Jesus when he said: (*John 1:51 And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man*). This is the same kind of Godly essence that directs our immune system to fight against diseases, repair and renew our flesh bodies and make our heart beat even when we are asleep.

Let us move another line forward in the Lord's Prayer. "Forgive us our sins, as we forgive those who sin against us." This line tells us that we have the power to forgive sins. The forgiveness of our sin goes with the condition of forgiving our neighbour's sin. If we use our power to forgive the sin of our neighbour against us, we invoke the Father's power to forgive our own sin. This looks like the positive application of: *Galatians 6:7 Do not be deceived: God cannot be mocked. A man reaps what he sows*. If we sow forgiveness, we reap forgiveness, thus applying the principle in our favour. People

then and even now, believe that only God has the power to forgive sins. This is not true. In fact Jesus taught us to forgive, forgive, and forgive. (*Matthew 6:14 For if you forgive men when they sin against you, your heavenly Father will also forgive you. 15 But if you do not forgive men their sins, your Father will not forgive your sins.*) That is the condition, you will not be forgiven if you will not forgive. How many times will you forgive? (*Matthew 18:21 Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? 22 Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven.*) This passage reminds me of a verse in Genesis. (*Genesis 4:24 If Cain is avenged seven times, then Lamech seventy and seven folds.*) They look very much related in the context of forgiveness that we are discussing. We will discuss more of this in Chapter 12 on karma and reincarnation.

Let us go back to verse 13: Do not lead us to the test but deliver us from evil. Is God testing us? It looks like but I do not think so. This verse tells us that we are led away from the test if delivered from evil. Here is another verse from the New Testament: (*James 1: ¹³When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; ¹⁴but each one is tempted when, by his own evil desire, he is dragged away and enticed. ¹⁵Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.*) This means that it is us who tempt our self by allowing the birth of evil desire in us. This is exactly what happened to Eve. Eve never needed evil. She was fine with everything she knew that was good. But she allowed herself to be tempted by her own desire for evil. So, by the power of her mind and emotion sin was born and her sin gave birth to death. Life is something the power of the mind and emotion can create, but the same power can reject something like life and replace it with nothing like death as if

death is something. This process is being repeated again and again, becomes a habit and is gradually becoming us. This is making us forget our real self, the Lord our righteousness. The one who always loved the good qualities in the presence of the Father, YHWH (I Am that I Am) in us.

The “wrong use” (the reverse of righteous) of God’s power has become a vicious cycle that is programming us to believe that all the evil qualities enumerated in the beginning of this chapter are the design of our divine creator. This is the purpose of the last two lines of verse 13. If we keep on saying the Lord’s Prayer, these last two lines will reprogram our mind and emotion into believing in the truth that the Kingdom that Jesus said is within us does not belong to the dust (*Jeremiah 17:13 O LORD, the hope of Israel, all that forsake thee shall be ashamed, and they that depart from me shall be written in the earth, because they have forsaken the LORD, the fountain of living waters.*) of the grave; that dying does not bring glory to God. If we do not use our power to raise this Temple of the Holy Spirit and prevent it from being written in the dust, then we do not deserve that power because it belongs to the Father who gave it. We are supposed to make the right use (righteousness) of this power within us that comes from and belongs to God, and thereby give glory to Him.

Chapter 4

The Presence Of God

In the preceding chapter, we illustrated how God reaches us thru the angels—from the Seraphim that directly face Him down to the guardian angel who is always with us. That means our God has already fulfilled His promise before we could even call His name. (*Joel 2:32 And everyone who calls on the name of the LORD will be saved; . . .*) (*Acts 2:21 And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved.*) The illustration portrays the lifeline connecting man and God. It is another version of the silver chord described in the book of the Ecclesiastes. (*Ecclesiastes 12:6 Or ever the silver chord be loosed, or the golden bowl be broken, or the pitcher be broken at the fountain, or the wheel broken at the cistern. Ecclesiastes 12:7 Then shall the dust return to the earth as it was: and the spirit shall return unto God who gave it. Ecclesiastes 12:8 Vanity of vanities, saith the preacher, all is vanity.*) So, when we pray to God, we are not talking to someone in the far away kingdom of heaven. We are talking to a God who is actually here with us thru the essence of Himself—the angels. The connection that God established at our conception in the mother's womb makes Him ready to respond at our call anytime at all. In fact He has been responding to our needs before our mouth could utter His name. (*Isaiah 65:24 Before they call I will answer; while they are still speaking I will hear.*)

The verses from the book of the Ecclesiastes above enumerate the ways by which the dust (our flesh body) returns to the earth. First, when the silver chord is loosed. According to Mark and Elizabeth Prophet, this chord connects our heart to the heart of God. This is also the silver chord referred to when Yogis talked about transcendental travel where the soul leaves the body temporarily to go near that blinding light that brings a very pleasant sensation. It looks like a tunnel of light described by those who had near death experiences. This chord is loosed when the time for mourning has come and the words of the Lord in Genesis are fulfilled (*Genesis 6:3 And the LORD said, My spirit shall not always strive with man, for that he also is flesh: yet his days shall be an hundred and twenty years.*) because of the errors of man on earth. Many of those who experienced near death states returned to consciousness when they begin thinking about God. Some uttered phrases like “my God my children still needs me” then woke up in the ICU with their doctors left with no explanation how and why the symptoms disappeared.

Secondly, Ecclesiastes speaks about the golden bowl that is broken; third, the pitcher broken at the fountain; fourth, the wheel broken at the cistern. These seem to be like containers which end our physical existence when broken. Yes, they contain the living water God was talking about in the book of Jeremiah. (*Jeremiah 2:13 For my people have committed two evils; they have forsaken me the fountain of living waters, and hewed them out cisterns, broken cisterns, that can hold no water.*) The living water Jesus was talking about in the Gospel of John. (*John 7:38 “Whoever believes in me, as the Scripture has said, streams of living water will flow from within him.”*) In other words, the living water that maintains life comes from God thru the silver chord to fill our cisterns. The truth is that there are seven cisterns in our being. They are called chakra.

First, the heart that directly feeds from the silver chord. This is the heart referred to by an old phrase saying: “I love you with all my heart.” Its physical counterpart is the heart that pumps blood all over the flesh body. Some modern physical scientists consider the phrase as an expression of the ignorant since it should be said in another way: “I love you with all my hypothalamus” because they see nothing in the physical heart. What their senses observe are the chemical changes that occur in the hypothalamus. But wise men of ancient time saw the heart chakra with their third eye. The heart referred to by the greatest commandment in the law told to us by Jesus in the Gospel of Matthew. (*Matthew 22:37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with thy entire mind.*) The heart chakra distributes God’s living water to the rest of the chakras.

Second, the throat chakra. This energy center gives power to the words that come out of our mouth. The throat chakra translates the concept in the mind and the feelings in the heart into frequencies that the ethers of the physical universe can resonate with. In the ancient philosophical language: “The throat chakra generates a vibration that can crystallize the mist.” If our energies are well aligned with that of God, our throat chakra can divide the sea as what Moses and Elijah did; we can stop a storm like Jesus did; we can move mountains as what Jesus said. (*Matthew 17:20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.*) If we have problem believing that, that is exactly the real problem of our Christian world—our belief.

Third, is the solar plexus chakra which is an emotional chakra. It amplifies our radiation of love from our heart and out into the world. If this chakra is filled with hatred for a long

time, the flow of living water is disrupted and ailments and even death may come in.

Fourth, is the third eye. It makes us sense things that our five senses cannot detect. The third eye is located between our eyebrows. This is the eye Matthew is referring to in his Gospel. (*Matthew 6:22 The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light*) “Thine eye be single” means seeing only good not evil.

Fifth, is the soul chakra. It is located slightly below the navel and above the lower abdomen. This chakra is supposed to expand the manifestation of the soul in our four dimensional universe.

Sixth, is the crown chakra. This chakra is the source of our awareness and understanding. This is the crown Jack broke. Remember “Jack and Jill”? This nursery rhyme has a very profound meaning that our conscious mind cannot easily comprehend. But it reminds the subconscious mind of young children about the great fall of man. It symbolically represents the fall of Adam and Eve in paradise and the fall of every one of us in this so called modern day. We will touch more on this again later.

Seventh, is the base chakra. It is located at the end of the physical spinal cord. It anchors our existence to the earth. It should, however, be a fountain of energy that should empower us to unite with the mind of Christ in the heart and the crown chakras.

Our misuse of these centers creates obstructions that hamper the free flow of life thru them. For example if we fill our mind with filthy ideas, fill our heart with hatred, allow our tongue to speak evil, then these chakras will be weakened and lose their efficiency in delivering living water from the silver chord thru us and out into the world. Worse, this misused energy will come back to us by virtue of the law of karma—“Like reflects like.” Then we fall back to the earth like the fall of Jack and

Jill. This is not yet my promise to touch more on this later. We will discuss Jack and Jill more deeply.

This is the fundamental cause underlying the tendency of the Temple of the Holy Spirit to crumble back to the earth where it came from. Once the chakras are obstructed, we get sick, get old and die. It looks like we do not know and we do not care about it. We have been intoxicated by our growing affinity with our misuse of the power of the chakras. This is how we make the presence of God wane in the Temple. But God promised (*Genesis 6: 3* *And the LORD said, My spirit shall not always strive with man, for that he also is flesh: yet his days shall be an hundred and twenty years.*) to give us a lifetime of a hundred and twenty years. Remember the Archangels in our Celestial Hierarchy? There are seven of them and they are assigned to take care of the seven chakras in each of the millions of us in this planet to maintain life as promised. The names of those Archangels are: Michael, Jophiel, Gabriel, Zadkiel, Uriel, Raphael, and Chamuel. Imagine how these angels divide themselves into millions of us just to fulfil Gods promise to maintain our lifetime up to a 120 years. Why is it that the average lifetime these days is only 70? That deserves another discussion as we go on.

The estimated population of the world now is 6 billion as reflected today April 13, 2010 in the webpage of the U.S. Census Bureau at <http://www.census.gov/cgi-bin/ipc/pcwe> and another page at <http://www.census.gov/cgi-bin/ipc/pwe> reflects the following figures:

Natural			
Time unit	Births	Deaths	increase
Year	131,940,516	56,545,138	75,395,378
Month	10,995,043	4,712,095	6,282,948
Day	361,481	154,918	206,563
Hour	15,062	6,455	8,607
Minute	251	108	143

Figure 3-World Population

These figures tell us that if there are 6 billion of us in the world today, then there must be 42 billion archangels all around the world taking care of maintaining life for each of us. The figures show that there are 4 new lives every second all around the world. That means that the heavenly host makes 4 new replicates of 7 archangels every second. That is 28 archangels more every second.

At this point of my writing, I remember a dream. I was about to wake up. Half asleep, I saw white people preparing to leave. They looked satisfied of what they seem to have done something in my chest. As they disappeared, I began to wake up and felt a waning heaviness on my chest giving me the notion that those people in my dream must have something restored and repaired in that part of my body. I went to drink a glass of water and the discomfort totally vanished. I gave thanks to God and went back to sleep. Until now I do not have a clear or strong reason to do that. I just felt that thanking God was the right thing to do. I could not thank enough the beings that really worked for my life even when I am asleep. I did not know before that there was something wrong with me. That dream and the moments that followed made me realize that there was really something wrong and was corrected right there and then. I felt being a part and parcel of a great and boundless realm, a very tiny manifestation in the physical universe of a huge spiritual realm. I did not have the slightest idea that I was that important. I felt I was really well taken care of.

Things like this happen to you and me every day and even every night when we are asleep. Many things are happening within us but we are not consciously aware of them. While the body tends to give in to the pull of gravity towards the earth,

the heavenly host is constantly raising us They are not resting. I remember Jesus saying: “My father always works up to this time” (*John 5:17 But Jesus answered them, My Father worketh hitherto, and I work.*) when He was questioned for healing on the Sabbath. Yes, God always works even when we are asleep even on the Sabbath because we do not rest to make it holy. God now has to work even on His day of rest because we do not remember the Sabbath by resting and making it holy. God is always with us thru the angels; the angels who are the projection of His being here on earth. Remember Emmanuel. The following is the graphical illustration of how the Father projects himself out unto the world.

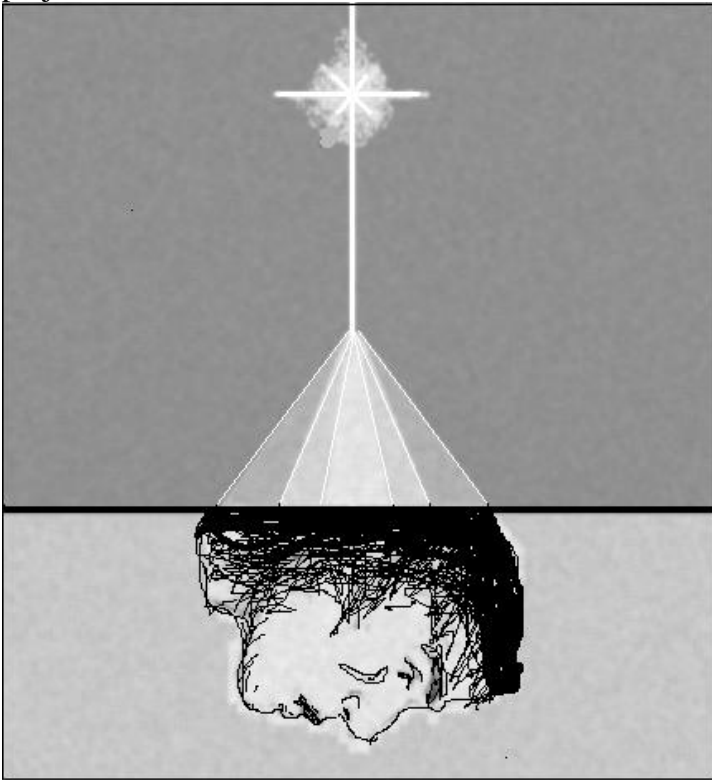


Figure 4-Man: The Manifestation of God

There are 6 billion projections like this all over the earth right now and continues to replicate every second. The source of light that looks like a star is the heart of God. The white light that projects downward is the silver cord. The silver cord breaks into our emotion, mind, and memory that compose our soul. The face is the material manifestation of the soul in this physical universe. The chart frame is divided into two by a thick black line. The upper part is the spiritual realm and lower part is our four dimensional universe. The thick black line is the “Humpty Dumpty’s” wall. We will go back to that later. As we mentioned before, the silver cord looks like a tunnel of light for those who have the ability to see. See Figure 4-The Tunnel of Light.

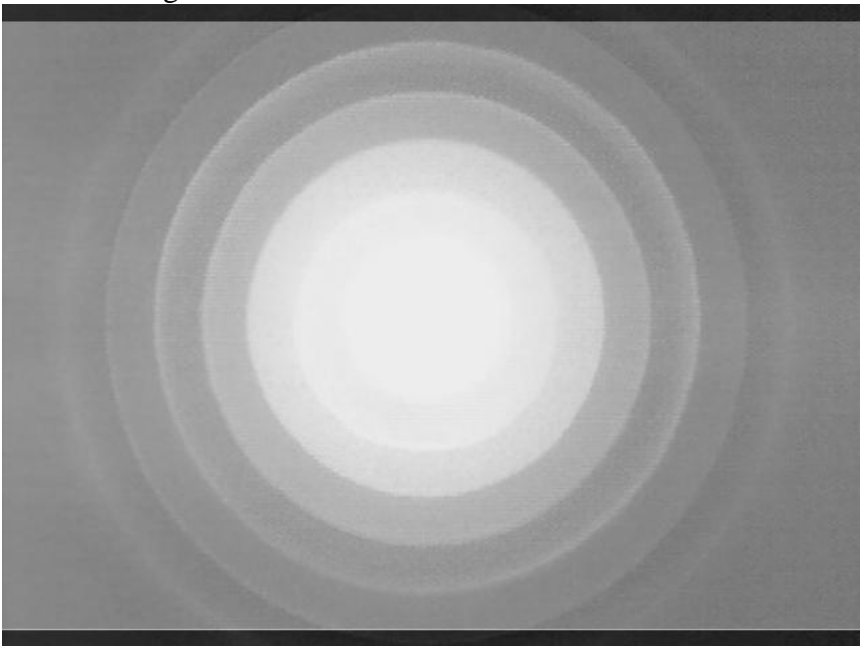


Figure 5-The Tunnel of Light

This tunnel may appear differently to different people. Jacob saw it in his dream as a ladder where the angels of God (*Genesis 28:12 And he dreamed, and behold a ladder set up on the earth, and the top of it reached to heaven: and behold the angels of God ascending and descending on it. 13 And, behold, the LORD stood above it, and said, I am the LORD God of Abraham thy father, and the God of Isaac: the land whereon thou liest, to thee will I give it, and to thy seed;*) ascending and descending on it. Stephen saw it like heaven is opening and the Lord sitting at the right hand of the Father at his last hour on earth. (*Acts 7:56 And said, Behold, I see the heavens opened, and the Son of man standing on the right hand of God.*) Jesus talked about it saying *John 1:15 John 1:51 And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man.*

Thru that tunnel of blinding light appear our Lord (the universal Christ; the Christ in every one) the only son of God and the heavenly host of Archangels. See Figure 6-Christ and His Angels.



Figure 6-Christ and His Angels

This Christ is the one talking to David, Moses and all the prophets and the one talking to you and me if we are able to see and listen. This Christ was referred to by Jesus as the bridegroom. (*Mark 2:19 And Jesus said unto them, Can the children of the bridechamber fast, while the bridegroom is with them? as long as they have the bridegroom with them, they cannot fast.*) This Christ had been with every human being before Jesus was born in Bethlehem; had been with Jesus when He walked the earth, have been here with each of us waiting to be recognized by our own free will. This is the real meaning of the bread in the Last Super and The Lord's Prayer. That is if we eat and drink (full acceptance), the Holy Eucharist fills the soul and makes man in the image of and after the likeness of God. Acceptance, however, is not as easy as it may seem.

Does this mean that there are 6 billion Christ's right now all over the world? Yes. Do you have problem with that? Well, that is the fundamental reason for Christianity's failure. We say we believe our God is omnipotent, omnipresent, and

omniscient, but we have the problem of believing that God is here every moment by means of the images He is projecting thru out the earth and the universe. If God can cause a single cell like the zygote to multiply into millions of cells that compose our body right now; if Jesus can feed the five thousand with few loaves and pieces of bread; what could make us think that God cannot replicate himself to take care of us and be ready anytime we call His name? There is only one thing that can make us think that way. Our refusal to see the plain truth that we are branches of a great vine. (*John 15:5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.*) Jesus said the Kingdom is spread out all over the earth. How? It is spread thru us as we have shown in the preceding discussion and illustration. In fact Jesus said, "the Kingdom of God is within you." Whether we like it or not, we are the **MAN**ifestation of God in this part of the universe. We are the Kingdom of God spread thru out the world. This Kingdom bears the power that should not allow the temple to be written in the earth but raised to heaven and bring glory to God. However, this is a covenant that cannot be imposed. The choice is ours to accept or reject the terms and condition.

Chapter 5

Shutting Out God

In Chapter 3, we discussed the presence of God that brings His will of light, life, love and freedom. In this Chapter, we will talk about how we annihilate this presence, and cause disaster not only to the people and things around us but also to us. Shutting your windows brings darkness. It does not mean, however, that the light is absent. The light is still there. The same thing happens when we close our eyes. Seeing nothing does not mean light is absent. The light is there but is seemingly absent because of our choice to close our eyes. Another example is a letter sent to you. Until the letter is opened and read, you will never get the message, but the message is there. The same is happening with the presence of God. God is here within and without, but everybody is too busy doing something else. Our senses are shut. Imagine, God is being shut out of the temple that He Himself raised from the dust of the earth. No other living creature can do that to God. Only man, who has been given power equal to God, can do that. Even the devil cannot do that. Only man, who is the material extension of God's projected essence, can authorize the devil to level down the temple back to the ground. It is not the devil doing it. It is man who destroys his own temple by inverting his faith in favour of evil. Again and again, the Kingdom is here but is not here.

Shutting out God started in Eden. Adam and Eve hid when they felt God coming (*Genesis 3: 8* *And they heard the voice of*

the LORD God walking in the garden in the cool of the day: and Adam and his wife hid themselves from the presence of the LORD God amongst the trees of the garden.) because they disobeyed God's command. Then Cain shut his heart and mind and killed Abel his brother. Cain did not hide physically, but mentally and emotionally. He did not want to talk to God by the way he answered God's asking where his brother was. Imagine telling your creator: "Am I my brother's keeper?" So, since he did not want to see his brother by killing him, and he did not want to talk to God that loved his brother, so be it. His wish was granted. He had to hide himself from the face of the Lord for the rest of his life in the land of Nod. Cain said: "My punishment is more than I can bear." Many of us say something like that when the circumstances that we face become too painful.

I remember showing my previous book to a friend. Upon seeing the title he reacted forcefully saying: "No! I am not God." I insisted saying: "Yes, we are, you are God." He replied: "No, I am not." This is the way we reject God, and this is one example of using God's name in vain. God said: "My name is **I am**" and yet we say: "**I am** not God." The teaching of Jesus in the Lord's Prayer to call His Father our Father means we are His brothers and sisters. Therefore, we are all children of God if we accept it. But no we do not want to be brothers to Jesus, or children of God. However, if we are not children of God, whose children are we anyway. There are only two choices. We can be God's children or children of darkness. We can choose the latter circumstance, but we should not blame God if we face the consequences: aging, sickness, and death. The choice is ours.

As promised, we go back to Jack and Jill. I never had the chance to listen to nursery rhymes when I was a child. Following the suggestions of Linda Goodman author of the best seller, "Star Signs", I bought every nursery rhyme I could

grab for my one and only daughter. I have read about Jack and Jill's history, but I just want to share what I have in mind. It looks to me like the teaching of Jesus that we quoted several pages ago: "*Luke 17:20 Once, having been asked by the Pharisees when the kingdom of God would come, Jesus replied, "The kingdom of God does not come with your careful observation, 21 nor will people say, 'Here it is,' or 'There it is,' because the kingdom of God is within you.*" This verse is telling us that we need not look or go somewhere else. We just need to look inside us. Let us review Jack and Jill:

Jack and Jill went up the hill
To get a pail of water
Jack fell down and broke his crown
And Jill came tumbling after

The water looks to me like the living water in our Bible. The hill looks like our spiritual development. The crown is the crown chakra we discussed earlier. The teaching of Jesus telling us that the Kingdom of God is within, means that Jack and Jill need not travel far or make things hard for them. The water they were seeking springs from within them as we illustrated earlier. (*John 7:38 He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.*) The fall of Jack and Jill is the fall of man. It is not only the fall of man in paradise but also the fall that any one undergoes each time he or she goes out of the self and try to find spiritual fulfillment from anyone else or anywhere else. It is like telling the Christ in you to shut up because you need to listen to someone else, or to learn from somewhere else. It is like releasing the only hand that holds and prevent us from falling back to earth where we come from.

Look what happened to the tower of Babylon. When I was young I used to wonder why God should be angry with what

the people then was trying to do. They were building a tower because they wanted to reach heaven. I thought God wants us to go back to heaven and live with Him, then why the anger? Now I understand. When I read Jesus saying that the Kingdom is within, I thought I would feel very greatly insulted by what the Babylonians did if I were God. After God made the heavenly host just to reach down from heaven and take care of every human being He created, that very same creature takes Him for granted and try to reach heaven in some other way. God is being bypassed. In the book of Isaiah, God complained:

Isaiah 65:

*1 "I revealed myself to those who did not ask for me;
I was found by those who did not seek me.
To a nation that did not call on my name,
I said, 'Here am I, here am I.'*

*2 All day long I have held out my hands
to an obstinate people,
who walk in ways not good,
pursuing their own imaginations-*

*3 a people who continually provoke me
to my very face,
offering sacrifices in gardens
and burning incense on altars of brick;*

Take note of the phrase, it says "to my very face". It means He is here in front of us, face to face, but we look far away in another direction.

Another nursery rhyme worth considering is Humpty Dumpty:

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall.
All the king's horses and all the king's men
Couldn't put Humpty together again.

Humpty Dumpty symbolizes man. He built a wall to separate him from his creator. This wall was illustrated in Figure 3. The phrase "sat on a wall" looks like man takes pride of the wall he created. He is sending a message to God to step aside. He can manage. It is like saying: "Give me a break, I can do this alone." Humpty Dumpty forgets that the power he uses to build the wall is not really his, but comes from his creator. As usual, power of man against the power of God who gave it annihilates the very power that created the wall. So, the wall collapses and the one sitting there has to fall. What a great fall it is. Human kind becomes like a broken man. Man who is supposed to be like God descended to a level approximating that of the animals.

"All the king's horses and all the king's men" symbolize the angels and the prophets who came to help us change our mind and heart back to God to regain our right to become God's children. Unfortunately, they are unable to rebuild the temple for us because we do not want to. We have learned to accept death as rule, and we say it is God's will. Wow, lovely.

Now man is at it again. His arrogance is working again. He puts himself in the high echelons of the animal kingdom, saying: "he is the highest form of animal." There is some truth on this. But how could we say that when the lower animals can see in the dark, while we cannot? We had to copy what the lower animals can do by inventing the infra red scope. The lower animals manufacture vitamins in their intestines while we cannot. We have to produce our vitamins to supplement our needs because the food that we eat cannot supply enough. This fulfills what God said to Cain in the book of Genesis.

(Genesis 4:12 When thou tillest the ground, it shall not henceforth yield unto thee her strength;) Every time we use our power against the power of God by violating the commandment, our mortality increases. Mortality is inversely proportional to morality. Mortality is directly proportional to the distance between man and God. The farther we become from God (God of the living) the nearer we are to death. ([Proverbs 8:36](#) ". . . .all they that hate me love death".)

There are many things that we copy from the capabilities of animals. The lower animals can see a lot farther than we can. So, we invented the telescope to have the same capability. We had to supplement our blindness with the invention of the radar and the sonar, so we had to copy the principle inherent in bats. Our fighter planes even imitate the flight formation of birds. We had to invent our own equipments like the transit and the satellite to guide our navigation. But do we know how the birds and fishes do that? Until now we do not know.

Once I had the chance talking about this to a friend. He said well that makes us better than the animals because we could copy their capabilities and we can design new gadgets for our needs. Sounds good, but I told him that if those animals could speak, they would have told us: "we do not have to copy anything from you, we do not need to." My friend and I said goodbye, but he suddenly went back saying: "hey, I think we are still better than the animals. They cannot speak and write." I laughed and replied: "they do not have to, because they understand each other without speaking or writing."

Yes, look at the fishes in the aquarium. Tap the glass and you will see them move in the same direction. Look at the birds in the sky. Their directions are synchronized. They do not have radios or cell phones to tell each other which way to go next. They seem to have an unwritten law and the ability to communicate with their minds. On the contrary, look at us. We invented languages to understand each other because we

lost our mental telepathy. Does our speech make us understand each other? Actually we don't. We invented telegraph, telephone, radio and television to carry our language to great distances. We put down words on paper to document what we have agreed. We have laws and treaties. Do these spoken and written languages solve our conflicts and problems? What do we expect the lower animals should copy from us, our conflict and disorder to replace their peace and order?

Once, my attention was caught by an ant finding a dead cockroach. Suddenly it moved quickly around the find, a behaviour that resembled great happiness for finding a food to feast on. Then the ant went hurriedly in the direction of a hole where they usually come from about 1.5 meters from the find. I thought well, the ant had to inform his tribe about the great find because the roach was too heavy for him to carry alone. I was right, but what astounded me was that halfway to the hole where they come from, a bunch of ants were already coming out to his direction. Do they have cell phone, radio, or something? They obviously communicate at a distance without the need to copy any of our inventions.

Another very obvious ability of lower animals is foreseeing weather changes and natural disasters. There have been many cases of animals moving to high places long before tsunami comes to bring disaster and death. Many humans saved themselves by following the animals to where they were going. The ants move to higher level at least a week before the flood.

Then what is the point? The point is that since they are lower animals we should be having the abilities that they have. The truth is that we have, but we seem to be losing it because we do not believe in it. That is why we have to supplement our abilities with inventions that unfortunately weaken our inherent abilities. We think that God gave those abilities to animals but not to us. I grew up in a time when there is transition from manual to computerization. That gave me a clear basis of

comparison. We take pride of doing more in less time, but we are gradually paying the price of losing our skills to microchips and machines. Now, I could hardly make simple mental calculations because of the electronic calculator. I became too dependent on them. We can copy what the lower animals can do but by not using the inherent faculties of our body. We have to carry the gadgets we have invented and difficultly hang them on our ears, our neck, our head, and shoulders, attach them to our belts, put them in our pockets. Do the birds in the sky, the fishes in the sea, and the animals of the ground do that? Of course not, they have it and they confidently use it. The truth is that there is one thing that we have but the animals don't. That is the ability to oppose our creator by refusing to use our inherent gifts.

To make my point clearer, let us take more examples. The creation of life in Genesis has been transferred to the mother's womb. But humans want to do it in the test tube and in the laboratory. The human body exhibits the ability to heal itself, but we want to use our own chemical concoctions and clinical contraptions. We turn away from God and do it our own way. This is the way we build the Humpty Dumpty's wall to separate us from our creator. The separation that we do most of the time is not physical but mental and emotional, and becomes a habit recorded in our memory (sub-conscious) that will influence our behaviour and decisions in the future. Not only that. This memory body sets up the circumstances of our destiny (Karma).

Another noteworthy nursery rhyme is "Mary Had A Little Lamb.":

Mary had a little lamb,
Whose fleece was white as snow.
And everywhere that Mary went,
The lamb was sure to go.

It followed her to school one day
Which was against the rules.
It made the children laugh and play,
To see a lamb at school.

And so the teacher turned it out,
But still it lingered near,
And waited patiently about,
Till Mary did appear.

Why does the lamb love Mary so?
The eager children cry.
Why, Mary loves the lamb, you know,”
The teacher did reply.

“Mary Had A Little Lamb” first appeared in 1830 in “Poems for Our Children” published by Sara Josepha Hale 180 years ago at this writing. It has become popular worldwide. Does it have a hidden meaning to you? For me, it looks like an accurate prophecy of what would happen to the school rooms in the United States of America. This could happen not only in the US. This could spread around the world.

The lamb means the lamb our Bible always talks about. Mary could mean Mother Mary, but for me it can mean mankind. If you are familiar with the gender of the soul in the scripture, it is feminine and the soul is supposed to be married with the Universal Christ, the groom, the Christ in Jesus and in everybody. “Fleece was white as snow” means purity, righteousness, and perfection. This lamb is always with us wherever we go. (*Matthew 1:23 Behold, a virgin shall be with child, and shall bring forth a son, and they shall call his name Emmanuel, which being interpreted is, God with us.*) (*Matthew 28:20 Teaching them to observe all things whatsoever I have*

commanded you: and, lo, I am with you always, even unto the end of the world. Amen.)

The second paragraph talks about the rules prohibiting the lamb from entering the classroom so the teacher turns the lamb out. We all see the developments in our schools. School policy now prohibits prayer and religion in the classrooms. So God is being shutout. The verses portray the children being happy to see the lamb at school. This reminds me of a verse in the Gospel of Matthew: *Matthew 18:3 And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven.*

The classroom can also be applied to the life that we have now on this earth. The earth is a classroom where we can learn to love righteousness and attain perfection. We have to pass all the tests to graduate and not become habitual repeaters. (*Matthew 5:48 Be ye therefore perfect, even as your Father which is in heaven is perfect.*)The tests are supposed to be no coaching, closed notes and books, but heaven sent us a cheat sheet (The Ten Commandments) and coaches (prophets) because there have been people who prayed for assistance from God. The lamb is still waiting patiently outside to be with us as we go home after the class.

Chapter 6

Our Love for Our God

Do you love me? This is the question posed by Jesus to Simon who later became Peter. As we know today, Peter holds the key to the Kingdom. (*John 21:17 He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, Lord, thou knowest all things; thou knowest that I love thee. Jesus saith unto him, Feed my sheep.*) Jesus knew how deep the love of Simon for him was. It sounded like Jesus was not fully convinced of the kind of love Simon had in his heart and mind at the time. Jesus needed Simon to affirm three times in his heart and mind. Jesus asked not because He did not know. Simon was asked three times to make him establish in his heart and mind the true meaning of loving his Saviour. Jesus was asking if Simon was really sure about what he was saying.

If we were asked today if we love Jesus, can we answer with a big “Yes” and be really sure about it? Now let us put the “No” answer aside for a while. Let us discuss the answer of those who say “Yes”. Those who say “Yes” can be divided into two: 1) those who really know the meaning of the word Yes, and 2) those who do not know what they are talking about. Actually, it is very hard to establish how many belong to each of the two categories. What we can only establish are the parameters of our love for our God. We cannot judge other people by using the parameters. We can leave that judgment to

God. We can only determine for our own individual self whether our love is sincere or hypocritical.

In the Gospel of Matthew Jesus was asked which is the great commandment in the law? Jesus answered: *Matthew 22:37 Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with thy entire mind. 38 This is the first and great commandment. 39 And the second is like unto it, Thou shalt love thy neighbour as thyself.* Jesus continued saying: *“Matthew 22:40 On these two commandments hang all the law and the prophets.”* Let us do it slowly. The first commandment is about loving God. The second commandment is about loving our fellowman. Jesus said the second is like the first, and that all the teachings of the Prophets are derived from these two commandments.

At this point, I am reminded by a homily in a diamond wedding anniversary I attended. The Cardinal started by asking why was the 10 commandments written on two tablets instead of one. He continued explaining that the first tablet is about love for God, and the second tablet is about love for neighbour. After the mass and the reception, I immediately opened the Bible when I arrived home. I went to that part of the Old Testament where the 10 commandments were written.

The Ten Commandments are in Chapter 20 of the book of Exodus: *1 And God spake all these words, saying, 2 I am the LORD thy God, which have brought thee out of the land of Egypt, out of the house of bondage. 3 Thou shalt have no other gods before me. 4 Thou shalt not make unto thee any graven image, or any likeness of any thing that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. 5 Thou shalt not bow down thyself to them (idols), nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me; 6 And shewing mercy*

unto thousands of them that love me, and keep my commandments. 7 *Thou shalt not take the name of the LORD thy God in vain;* for the LORD will not hold him guiltless that taketh his name in vain. 8 *Remember the Sabbath day, to keep it holy.* 9 *Six days shalt thou labour, and do all thy work:* 10 *But the seventh day is the Sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates:* 11 *For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the Sabbath day, and hallowed it.*

Lets us extract the first four commandments for clarity:

1. Thou shalt have no other gods before me
2. Thou shalt not bow down thyself to idols, nor serve them
3. Thou shalt not take the name of the LORD thy God in vain
4. Remember the Sabbath day, to keep it holy

The four commandments above written in the first tablet summarizes into the first commandment given by Jesus. “Love your God with all you heart, with all your soul, and with all you mind.” Therefore, if we do not obey these commandments, we belong to those whom Jesus referred to by saying: “*Matthew 7:21 ‘Not everyone that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven.’*”

Chapter 20 of Exodus continues:

Verse 12 Honour thy father and thy mother: that thy days may be long upon the land which the

LORD thy God giveth thee.

13 Thou shalt not kill.

14 Thou shalt not commit adultery.

15 Thou shalt not steal.

16 Thou shalt not bear false witness against thy neighbour.

17 Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife,

nor his manservant, nor his maidservant, nor his ox, nor his ass, nor any thing that is

thy neighbour's.

So, verse 12 above is commandment number 5; verse 13 is commandment 6; and so on until the tenth commandment. They are all written in the second tablet and can be summarized into the second commandment given by Jesus. "Love thy neighbour as thyself." This means that the Ten Commandments given to Moses were just the detailed breakdown of the two greatest commandments.

We are talking about love for God so let us discuss the commandments of the first tablet first. God spells out the four ways by which we can express our love for him. Let us take the first commandment. God said we should not have other Gods before Him. In Exodus 3:16, God introduced Himself by saying: "Go, and gather the elders of Israel together, and say unto them, *The LORD God of your fathers, the God of Abraham, of Isaac, and of Jacob, appeared unto me, saying, I have surely visited you, and seen that which is done to you in Egypt.*" This was quoted by Jesus in Matthew 22:32 saying: "I am the God of Abraham, and the God of Isaac, and the God of Jacob? God is not the God of the dead, but of the living." The God, therefore, that was talking to Abraham, Isaac, and Jacob is the same God that was talking to Moses, and the same God who was with Jesus when He walked the earth. At this point, I am running out of words to describe this God. I will

dare say though by saying that our God is a God that cannot be seen by our physical eyes but can be felt by the heart and the mind (soul) and sensed by the third eye chakra. Unless, our God decides to manifest Himself in the form of His angels or in the form of a man like Jesus, we are unable to see him with our physical eyes. When Moses talked to God in the burning bush of Mt. Sinai, God was talking to him in his mind and his heart. In other words, our God is accessible inside us.

The first commandment says we should not have other Gods before him. The phrase “other Gods” refers to the gods like those of the Egyptians in Moses’ time, the gods of the Romans and the gods of other pagans then. Those Gods were made of gold, silver and other non-living materials that can be touched and seen. What does it look like to God if we worship as the pagans do? What kind of people are these? They can access me through their soul, and here I am putting my image within them to raise them from the non-living dust but they prefer to raise the dust to a non-living sculpture and call it their God. Worst of all, we see a living human being bow down and offer sacrifices to a non-living God of metal, wood or stone. Is this loving God with all our heart, with all our soul, and with all our mind? This is rejecting God inside us by going out of our self and adoring our lifeless creations. This is what the second commandment is talking about. This is how Solomon broke God’s heart. He worshiped the Gods of the pagans. Many of us are doing the same thing today.

The third commandment says we should not use His name in vain. His name is I AM, as told to Moses and mentioned in earlier chapter of this book. Our God is a different and unique kind of God. He is the only God who says He is within us. This God gives us the right to use His power here on earth. It is very plain to see and discern that we are the material manifestation of His spiritual presence here on earth. This God of Abraham is a complete contrast to the lifeless god that we

create and according to our whims and desires possess all the power to give us what we ask and pray for. And we are at it again. We express our hatred for Him by forgetting His name and worse use it in vain. We invented different substitute names to refer to Him with the justification that His name is too sacred to be uttered. In so doing, we affirm that we are not sacred. We, therefore, reject the sacred image of God that is within all of us. Forgetting the name of God or substituting other names instead of God's name has been handed down from generation to generation. Those who seek God will have difficulty finding the name of God in most of the Bibles of today. Many people will use the name "I Am" in vain because they do not know it is the name of God.

The fourth commandment says we should remember the Sabbath and make it holy. There are people who observe the Sabbath and make it holy. They do not work and they fast for 24 hours from sun down of Friday to sun down of Saturday. Let us talk about work first. God said: "*Exodus 31:15 'Six days may work be done; but in the seventh is the Sabbath of rest, holy to the LORD: whosoever doeth any work in the Sabbath day, he shall surely be put to death.'*" During the time of Moses, those who were caught working on the Sabbath were stoned to death. Later on and until now, no one will condemn those who work on the Sabbath because the Sabbath law is gone and forgotten by many. Does the fourth commandment lose its effect because man has chosen to forget about it? I am afraid not. The fourth commandment is still in effect. Well, many would say: "Nobody dies by breaking the Sabbath day nowadays." This remark sounds like the words of the serpent telling Eve that they would not really die upon eating the forbidden fruit in Eden. Well, Adam and Eve managed to live for 900 years, but they were supposed to be immortal. They were supposed to live forever. Is losing their immortality not

dying? That is exactly what Satan made to appear and many of us believe it.

Going back to the present time, nobody really dies by working on the Sabbath. However, God said: “*Genesis 6:3*: . . . yet his days shall be an hundred and twenty years.” That means by God’s decree we are supposed to live a hundred and twenty years. The average lifetime now, however, is only 70. We all get old, get sick and die. Is this not really dying? Wow, Adam and Eve reduced the lifetime from forever to 900 years. Now, modern civilization has reduced the lifetime to 70. Is it not obvious how much power man has? We are even more powerful than our ancestors, as indicated by the numbers we have presented. We have the power of God, and we are allowed in this part of the universe to use it against the God who gave it. That is what we have been doing for thousands of years and I have a bad feeling looking at the trending that we may be able to reduce human lifetime to just a second after our birth. Maybe we will be able to make man die before they are born. This may sound like an exaggeration, but is it not happening now? How true were Jesus’ words saying: “*Luke 23:29* *For, behold, the days are coming, in the which they shall say, Blessed are the barren, and the wombs that never bare, and the paps which never gave suck.* ” In fact contraception has now become a big business worldwide. Modern society now seems to adopt the “Everybody dies sooner or later anyway” philosophy.

It is really quite confusing what generally man is up to. We are trying to work 24/7 because we want to produce more goods and services to meet human needs and wants. Is the world really producing what is needed by the needy or are we trying to meet the wants of the greedy? Are we alleviating the suffering of the sick and the hungry? God told us to rest for one day in 7 but we do not want to waste time because of the “Time is gold” philosophy. We want to earn more for the

establishment we work for and for ourselves, but we forget the “Health is wealth” philosophy. Does the present Economic engine really work by making our lives better? It looks like we are losing our well being as we move along the global political and economic time line. We lose not only our well being but the well being of the world and her humanity.

We mentioned fasting earlier. Medical scientists say that the body is like a machine. Machines need some clean-up within its system to maintain power and efficiency. Likewise, the body needs a similar kind of clean-up. So, clinical procedures for body cleansing have been invented and they really work because the concept is correct. However, there are disadvantages to this practice. The procedure uses the liver and the kidneys to do the job, and of course other organs are also involved. If the procedure is done periodically for instance once a year, or every six months, it gives a heavy load to the organs for getting rid of the unwanted substances that has accumulated for a long time. Everybody knows how costly these procedures are. It could cost a fortune doing it more frequently. Fasting is a weekly procedure that cost nothing except time that will be spent for full rest. All normal processes like digestion, metabolism, even mental and emotional activities are put to rest. This procedure was prescribed by no less than God Himself. We do not like it. There is no business in that. We want a more modern and more sophisticated one. We know better than God. That is our problem. We want to do it our way. That is always the case: putting God aside and blame Him for the consequences, beautiful.

Because of our stubborn tenacity we make our bodies weaker. We allow the pathogens to become mightier than our immune system. So, we formulate drugs to fight the pathogens. Drugs kill the germs but are also killing the immune system “softly”. The bodily weakness that we develop and the

unceasing stress that it undergoes hamper its ability to correct its own mistakes. So, cancer cells develop unnoticed until they become too big to get rid of. Surgical procedures have to be designed together with the equipment and the professional skills required—more goods and services huh. Furthermore, chemotherapy must be formulated to kill the malignant cells. Problem is that normal cells are damaged too. Well, just call it collateral damage and the end will justify the means. Just hope that the end really justifies the means, because statistics do not make it really look that way.

God said: “*Exodus 31:13* *‘Speak thou also unto the children of Israel, saying, Verily my Sabbaths ye shall keep: for it is a sign between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you.’*” What happened to the sign now between God and us? If your loved one forgets your birthday, what do you feel? Put it another way, if you forget the birthday of those who love you what would they feel? We are not talking of birthday only but any day considered being important by those concerned. Now, here is a God that gave us life and everything we need in order to live saying, remember my Sabbath day but we take it for granted. Some of us say it is Friday, some Sunday, and others say it can be any day you like. Is this the reason why we prefer to bow down before a lifeless statue so that we can worship it any day we like? Is this not “provoking God to His very face?”

Now, we can answer the question posed by Jesus to Simon Peter. Do you love me? If our answer is YES, we must know the real meaning of the word by now. God has defined love precisely in detail. If we are still not sure about the meaning of the word YES, be careful. Remember those whose answer now is NO, many of them might go to heaven ahead of us, if they changed their mind, turned away from their sins, returned to the Lord and say YES, we love you with all our heart, mind, soul, and strength. This is what Jesus meant when He said:

“Matthew 21:28 But what think ye? A certain man had two sons; and he came to the first, and said, Son, go work today in my vineyard. 29 He answered and said I will not: but afterward he repented, and went. 30 And he came to the second, and said likewise. And he answered and said, I go, sir: and went not.

31 Whether of them twain did the will of his father? They say unto him, the first. Jesus saith unto them, Verily I say unto you, that the publicans and the harlots go into the kingdom of God before you.

32 For John came unto you in the way of righteousness, and ye believed him not: but the publicans and the harlots believed him: and ye, when ye had seen it, repented not afterward, that ye might believe him.”

Jesus was talking to the chief priests and elders of Israel when He said all these. Many of them taught the Law and the teachings of the Prophets and made the people believe that they religiously practice what they preached. But Jesus knew what is in the hearts and mind of men. Jesus said: *“Matthew 5:20 For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.”* This is what I mean when I said that there are those who do not know the meaning of YES. Our Bible refers to these people as the hypocrites. Based on the preceding discussion, it looks like that the hypocrites are no better than those who say NO. Both will never enter the kingdom of heaven. However, both may enter the Kingdom of Heaven if they repent and return to the Lord by loving Him with a love in its real and true meaning. *Ezekiel 18:21 “But if the wicked man turns from all his sins which he has committed and observes all my statutes and practices justice and righteousness, he shall surely live; he*

shall not die.” We know the true meaning of love. True love is believing, trusting, having faith, and doing what pleases Him. This may not be readily acceptable to many of those who always pray, go to church, and say they believe in Jesus Christ, but would not accept everything in the commandments of God. What we really mean here is that we cannot say we love God, but disobey the commandments.

We may ask ourselves, “What is happening to God? Is He sick of Attention Deficit Syndrome or something? Why is God asking to be loved?” The truth is that God is filled and surrounded by those who love Him in heaven and in the near-heaven dimensions of the universe. The truth is that if we do not love our God, the power of life within us will not work because it is not aligned with the power of God as explained in Chapter 2 of this book. If we do not love God, we are actually shutting out God as explained in Chapter 4 of this book. We are using the power of God in us to drive away the very presence of God (Chapter 3 of this book) who gave it. We have already discussed what happens when the presence of God is driven away. That means light, life, love, health, youth, happiness and freedom is going away. That also means we are making room for darkness, death, hatred, sickness, old age, sadness and bondage or slavery. God has no ADS. It is us who have the deficit of his presence by our own choice and will. We have VoDeGoPS or VDFGPS (Voluntary Deficiency For God’s Presence Syndrome). That is why we have all the miseries in this world.

Chapter 7

Our Love for Our Neighbour

Let us continue with the commandments of the second tablet. The second tablet is love for neighbour. Jesus said the second is like the first, so let us see. The fifth commandment says, honour your father and mother: that your days may be long upon the land which the LORD your God has given you. It says we will have long life if we honour our parents. This means that honouring our parents who gave us life, is like honouring God. The reason is that the life that we have was given by God thru our parents. As discussed in Chapter 1 of this book, the creation of man in Genesis has been transferred and carried over in the mother's womb by virtue of the love of our parents. So, if we dishonour our parents then we dishonour God, and we deserve to get sick, get old, and die.

The sixth commandment says: you shall not kill. We should touch again what John wrote in the first chapter of his Gospel. Everything in the universe was created thru the word. This word was with God in the beginning and was also God. The word has life and that life is the light in every man. Murder, therefore, is also killing God, because the image of God is in every man, which is why God does not want us to kill. If we kill our brother, we kill the God in him. In other words, all the acts against our neighbour enumerated in the rest of the second

tablet are offenses against God, because, like us, God is within them.

There is something deeper lay hidden between the lines of the first and the second tablet. There is a message that may not be noticed by everyone. Let us try to read the first and the second tablet again, but this time between the lines. The first tablet says, “Love your God” The second tablet says, “Love your neighbour as yourself.” Jesus said, “the second is like the first.” Jesus’ statement is the key to unlocking the message. Without Jesus’ statement the first tablet appears to be a kind of love superior to that of the second tablet. Since Jesus tells us that they are alike, we should love our neighbour as we love God, but the second tablet tells us to love our neighbour as our “self” not God. The point here is that Jesus’ statement made the self and God equal. The self in the commandments is what wise men call the Higher Self, the Super self, the Christ in Jesus and in everyone, the Word that has life and the light in every man that John told us in the first chapter of his Gospel. This is the body of Christ symbolized by the broken bread in the last supper and the host in the Holy Eucharist.

The equality of the first and the second tablets are reinforced by the following statements of Jesus before ascending back to heaven:

John13:34 “I’m giving you a new commandment: Love each other in the same way that I have loved you. 35 Everyone will know that you are my disciples because of your love for each other.”

John14:15 “If you love me, you will obey my commandments. 16 I will ask the Father, and he will give you another helper who will be with you forever. 17 That helper is the Spirit of Truth. The world cannot accept him, because it doesn’t see or

know him. You know him, because he lives with you and will be in you. 18 "I will not leave you all alone. I will come back to you. 19 In a little while the world will no longer see me, but you will see me. You will live because I live. 20 On that day you will know that I am in my Father and that you are in me and that I am in you. 21 Whoever knows and obeys my commandments is the person who loves me. Those who love me will have my Father's love, and I, too, will love them and show myself to them."

Jesus said: "If you love me (first tablet), love one another (second tablet). This means we cannot say we love Jesus and hate our neighbour. Now, if we were asked if we love our neighbour, can we answer with a big "Yes"? There are people who can give you a big no as answer; like the leaders of Iran at the time of this writing who openly announce to the world their intention of annihilating Israel; like the hatred of Al-Qaida against the United States of America. They are the ones who hate other people. They can be heads of nations who lead their people to war against other nations or against themselves. They can be ordinary men and women who violate the commandments 5 to 10 for no apparent reason at all. They are inherently evil. They are the sons and daughters of evil. These souls have been driven out of heaven and have occupied flesh bodies like ours to pretend that they are like us to deceive all of us. This is the way they make war against the sons and daughters of God.

These men and women can even openly declare war against God by saying that God is evil. They will tell you God is evil because God created evil. If you tell them God originally created Angels but some of them rebelled and made evil of themselves, then they would tell you therefore, God is evil because God allowed them to rebel. These same people who say they hate slavery blame God for giving the devil and the

evil people of today and yesterday the power to choose between good and evil. In other words, if God forced His will on them they accuse God of puppetry and slavery. If God gives them free will, they say God condones their wickedness. They are willing to forget those who used their free will to do good. That means they ignore the good things God has done, and blame their wickedness to God. They even ignore the life God has given them by saying God is not worthy of worship and praise. See how ungrateful they are. If they can do this to God, they can do it to their earthly father and mother and the more they can do it to any of their fellow human beings. Remember what they did to Jesus. Remember what they did to the prophets before Jesus and the disciples after Him. These people cannot see good because their eyes are evil. (*Luke 11:34 The light of the body is the eye: therefore when thine eye is single, thy whole body also is full of light; but when thine eye is evil, thy body also is full of darkness.*) These people will chew you up, spit you out and blame God for allowing them to do so.

Like love for God, those who say “Yes, I love my neighbour” can be classified into two: those who are sincere and those who do not mean what they say. The insincere ones can be anywhere. They can be within the family and the community doing what God describe in Ezekiel 22:11 saying: *“And one hath committed abomination with his neighbour’s wife; and another hath lewdly defiled his daughter in law; and another in thee hath humbled his sister, his father’s daughter.”* They can be in the government doing what Ezekiel 22:12 describes saying: *“In thee have they taken gifts to shed blood; thou hast taken usury and increase, and thou hast greedily gained of thy neighbours by extortion, and hast forgotten me, saith the Lord GOD.”* They can be in the schools, even in the church doing what Matthew 7:15 describes saying: *“Beware of false prophets, which come to you in sheep’s clothing, but inwardly they are ravening wolves.”* They

confuse evil and good and say that what is generally practiced and accepted is good. They teach that one must know evil to live and survive. They even teach that one must die in order to live.

Those who mean what they say don't say or do all the things we have mentioned. They will love you even if you hate them. They will forgive you. Some of them can even forgive you without your asking. They are the real sons and daughters of God. The nature of their being was portrayed in an event in the New Testament commonly referred to as the "transfiguration in the mount". (*Matthew 17:1 And after six days Jesus taketh Peter, James, and John his brother, and bringeth them up into a high mountain apart, 2 And was transfigured before them: and his face did shine as the sun, and his raiment was white as the light. 3 And, behold, there appeared unto them Moses and Elias talking with him.*) Jesus was seen as having a face like the sun and raiment as the light. Moses represented the Commandments of God. Elias represented the anointment with the Holy Spirit since Elias reincarnated as John the Baptist and baptized the people of Israel including Jesus at the time. (*Matthew 11:10 For this is he, of whom it is written, Behold, I send my messenger before thy face, which shall prepare thy way before thee. 11 Verily I say unto you, Among them that are born of women there hath not risen a greater than John the Baptist: notwithstanding he that is least in the kingdom of heaven is greater than he. 12 And from the days of John the Baptist until now the kingdom of heaven suffereth violence, and the violent take it by force. 13 For all the prophets and the law prophesied until John. 14 And if ye will receive it, this is Elias, which was for to come.*) The event should tell us that he who obeys the law is baptized with the Holy Spirit or vice versa. The man with the Holy Spirit will always walk with the law as Jesus and all the prophets do. Jesus was that kind of man when He walked the

earth, and He said follow me. (*Matthew 16:24 Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.*) Jesus also said, “You can do what I have done.” (*John 14:12 Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.*) So, there is no excuse.

Chapter 8

The Bible

The Bible is claimed by many Christians as the complete word of God. The Bible, however, does not make that claim. (*John 21:25 and there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written. Amen.*) Yes, the Bible admits its own incompleteness, but the Bible contains the essence of God's thoughts and feelings. It is an excellent reference for Spiritual discussion and meditation.

The Bible may be considered not complete. Only four Gospels are included in the New Testament out of about more than 20. The Old Testament of the King James Version does not include many scriptures considered to be Apocryphal or Deuterocanonical. If the Bible were complete, would you be able to read all of it? The average Christian could even hardly read the entire incomplete one that we have today. Worse, the average preacher misses the most important verses in their teachings. Worst of all, there are church teachings and practices that contradict the words of Jesus in the New Testament.

It looks like the message is being filtered, distorted and choked. The Bible is correct again saying, "The letter killeth, but the Spirit giveth life." (*2 Corinthians 3:6 Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.*)

The letter here understandably refers to the scripture of ancient time or the Bible in the present day. Just like in the time of Jesus, the Scripture were misunderstood by the heathen and the intellectually arrogant. So, they all listened but not hear and they all look but not see the very Messiah whom they expected for thousands of years. The Spirit of God, however, guided the righteous and the humble to know the voice of the Good Shepherd.

Let us take a look at the long list of writings considered to be of doubtful authenticity by the men of letters of ancient times and of the Christian era.

Writings Not Included In The Old Testament:

1. [The First Book of Adam and Eve](#)
2. [The Second Book of Adam and Eve](#)
3. [The Book of the Secrets of Enoch](#)
4. [The Psalms of Solomon](#)
5. [The Odes of Solomon](#)
6. [The Letter of Aristeas](#)
7. [Fourth Book of Maccabees](#)
8. [The Story of Ahikar](#)
9. [The Testaments of the Twelve Patriarchs](#)
10. [Testament of Reuben](#)
11. [Testament of Simeon](#)
12. [Testament of Levi](#)
13. [The Testament of Judah](#)
14. [The Testament of Issachar](#)
15. [The Testament of Zebulun](#)
16. [The Testament of Dan](#)
17. [The Testament of Naphtali](#)
18. [The Testament Of Gad](#)
19. [The Testament of Asher](#)
20. [The Testament of Joseph](#)

Writings Not Included In The New Testament:

1. [The Gospel of the Birth of Mary](#)
2. [The Protevangelion](#)
3. [The First Gospel of the Infancy of Jesus Christ](#)
4. [Thomas's Gospel of the Infancy of Jesus Christ](#)
5. [The Epistles of Jesus Christ and Abgarus King of Edessa](#)
6. [The Gospel of Nicodemus, Formerly Called the Acts of Pontius Pilate](#)
7. [The Apostles' Creed](#)
8. [The Epistle of Paul the Apostle to the Laodiceans](#)
9. [The Epistles of Paul the Apostle to Seneca, with Seneca's to Paul](#)
10. [The Acts of Paul and Thecla](#)
11. [The First Epistle of Clement to the Corinthians](#)
12. [The Second Epistle of Clement to the Corinthians](#)
13. [The General Epistle of Barnabas](#)
14. [The Epistle of Ignatius to the Ephesians](#)
15. [The Epistle of Ignatius to the Magnesians](#)
16. [The Epistle of Ignatius to the Trallians](#)
17. [The Epistle of Ignatius to the Romans](#)
18. [The Epistle of Ignatius to the Philadelphians](#)
19. [The Epistle of Ignatius to the Smyrnæans](#)
20. [The Epistle of Ignatius to Polycarp](#)
21. [The Epistle of Polycarp to the Philippians](#)
22. [The Shepherd of Hermas](#)
23. [The Second Book of Hermas, Called His Commands](#)
24. [The Third Book of Hermas, Which Is Called His Similitudes](#)
25. [Letters of Herod and Pilate](#)
26. [The Lost Gospel According to Peter](#)

There are still writings not included in the preceding list. We are only listing them here to show that the Bible that we could

hardly have time to read is only a small portion of all the scriptures written in the past. Furthermore, according to the Bible, if the deeds of Jesus were all written, the earth would not be able to contain the writings. At my age of 56 at this writing, I have read the four Gospels for numerous times to really absorb the teachings in my disoriented mind. I have not finished reading the Old Testament yet. Fortunately, I have tried reading some of the excluded scriptures because they are available in many sites online. The above list is taken from <http://www.sacred-texts.com/index.htm> .

Let us take for instance the 1st and the 2nd Book of Adam and Eve. I do not understand why they were considered Apochryphal. In these books I encountered the “Word” referred to in John 1:1. This is the singular “Word” or the phrase “Word of God” that was always sent by God to Adam and Eve every time their burden becomes too much for them to bear. I have learned in these books that Adam and Eve committed suicide many times but the Father sent the “Word” to bring them back to life and strengthened them. Every time Adam and Eve fervently prayed, God responded by sending the “Word”. According to the Gospel of John, this “Word” was with God and was God and became flesh, a very clear reference to Jesus. The “Word” started to appear in Genesis 15 only when Adam was already dead. This means that the books of Adam and Eve, and John 1:1, saying: “In the beginning was the word”, reinforce each other. The writings tell me that Adam and Eve prayed a lot more fervently and frequently to God after they were driven out of Eden and stripped of their immortality. The books also tell that Satan tempted Adam and Eve not only once but constantly to turn away from their creator. This is the very same scenario that we have in the world today. Genesis of the Bible tells about the first temptation only. In the books of Adam and Eve, Satan struck and killed Adam but the Word put back his life and strength.

Therefore, the Word that was in Jesus was doing resurrection at the time of Adam and Eve.

The writings very clearly illustrate the reason why Satan has been doing what he does relentlessly against us because he thinks that this world is his Kingdom, and that Adam and his descendants pose a threat of dethroning him. This can be found in Chapter 48:3 He (Satan) then said unto them (his host), “Ye know that this Adam, whom God created out of the dust, is he who has taken our kingdom. Come, let us gather together and kill him; or hurl a rock at him and at Eve, and crush them under it. “This matches the verse in The New Testament to wit: *“John 18:36 Jesus said, “My kingdom is not of this world. If it were, my servants would fight to prevent my arrest by the Jews. But now my kingdom is from another place”* and the re-assurance of Jesus: *“John 16:33 ‘I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.’”* Satan does not like the idea of Adam’s posterity to be fruitful and to spread throughout the earth. So, Satan tried to destroy Adam and Eve and is still continuing his crusade to claim his rule over the whole earth. Satan and his host do not stop thinking about new ways of destroying us via our own thinking, and desire to destroy us by fear or persuasion so he can draw us away from the source of life—our God.

I remember my classmate in Grade 1 raising a question in our catechism session. He said, “Who did Cain marry, the monkeys?” Our class Adviser furiously reprimanded him and rejected his question as silly and foolish. The truth is that the question was valid, but the teacher had no answer since nothing is said in the Bible. The books of Adam and Eve say that Cain married his twin sister Luluwa. Cain means hater and Luluwa means beautiful because she was more beautiful than her mother Eve. Cain (hater) was so named because he hated his twin sister in the womb. How could one do that in the womb?

It looks like a suggestion that there is life before we are born. In truth there is life before birth. This matches a passage in Genesis where Esau and Jacob jostled against each other in the womb. (*Genesis 25:22 The babies jostled each other within her, and she said, "Why is this happening to me?" So she went to inquire of the LORD.*) Life of the Spirit from God inspires the soul to stimulate the non-living atoms in the womb to develop a living form of the human flesh. That is one good reason for the objection of the church against contraception. This is one admirable move of the Church.

In these 2 books Adam prophesied about the destruction of all living creatures by the great flood; and the coming of the Lord to redeem His people from their sins. The books tell that the gold, myrrh, and incense asked by Adam from God as souvenir from Eden will be offered to the Lord when he comes. Indeed, they were offered to the child Jesus in Bethlehem by the three wise men now known to us as the Three Kings. It looks to me like there is a very meaningful Spiritual connection between Adam and Jesus. It is also in these books where I learned why God did not accept the offerings of Cain. The Bible also tells how God told Cain to master sin, but the books of Adam and Eve tell the wicked things Cain always did.

I have also read the book of Enoch and I think it should be read by Christian because it was written by Enoch in heaven. Enoch was brought by the Angels to be shown the different places in heaven and to see the things of the future as foretold by the Scriptures in the Old and New Testaments. This is the Enoch in Genesis (*Genesis 5:24 And Enoch walked with God: and he was not; for God took him.*) who did not die and the same person who according to *Hebrew 11:15* did not see death. This book looks to me like a vivid reminder to the descendants of Adam and Eve of their responsibilities as people of God on earth. At that time they were beginning to embrace wickedness

as natural and good. The Ethics of the times was shifting from the commandments of God to the temptation of the Devil.

These are but three of the books not included in the Old Testament I have read. As I have said, I have not even completely read the Old Testament at this writing. I just want to say for now how wonderful is the feeling of enlightenment they have brought to me. I will read them again and again for the rest of my life just like the way I do with the Bible while gradually continuing my reading of the rest of the Apocrypha and the deuterocanonical scriptures. I will try to internalize the true meaning of their message and try very hard to put it to practice. I will pray to the source of wisdom within to guide me in my quest.

Let us take a quick look at the books excluded from the New Testament. The Gospel of the Birth of Mary tells about the manner by which she grew up. At three years old she was brought by her parents to the Temple of the Lord where virgins are raised away from the wicked influence of society. There the Angels of the Lord ministered upon her and protected her from undue social influence. The description of the writings is like the gate of heaven is open to her all her life in the temple. She was like Adam and Eve, before they were driven out of Eden, who could see and hear the angels sing praises for God every day (I Adam & Eve 8:1). She was like her Son Jesus whom the Angels come to and from heaven. (*John 1:50*). This writing will change the way we look at Mary. That is what happened to me.

It is worthy to take note that in the Temple where Mary was raised, the High Priest with the counsel of the principal persons in Jerusalem could consult God directly. This was the way the High Priest was able to decide over Mary's refusal to obey the tradition that at the proper age, in her case 14 years old, virgins must go back home to be married with a man. The same process of Divine consultation was undertaken to find the man

whom God intended to be Mary's husband—Joseph. The decision was dictated to the High Priest by a voice coming from the Arch in the temple quoting *Isaiah 11:1* and based the description of the process on that verse in the Scripture which is now part of the Old Testament of our Bible.

Another writing I have read is the Gospel according to Thomas. This one is not even in the books we have just listed in this chapter because one was found in the late 1800 CE and the other was found in 1945 CE. Today it is being referred to by many as the Fifth Gospel. My interest was captured because of the first statement saying, "He who understands the meaning of what is written here will never see death." This Thomas was also called Didymos which means twin. This is the "Doubting Thomas" in the Gospel. (*John 20:26 A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!"* ²⁷*Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe."*) For me, if one has read the New Testament and established within himself its consistency with the Old Testament well enough, further readings of the so called lost books becomes a wonderful spiritual experience.

Let us reflect on one of the lines. Line 106: Jesus said, "When you make the two one, you will become the sons of man, and when you say, 'Mountain, move away,' it will move away." Which is the one and which is another whom we need to make one? Is it not the Light in every man, the image of God in man that is the One? Is it not our soul which is formed when the breath of God touches the dust who is another? Are these the two referred to by Jesus that we need to unite in order to become the sons of man? I think it is, but why cannot I move mountains? It is because I have not been able to make them one. Let me pose a question at this point for now. Does

understanding how the bike works make any one drive the bike? No. Understanding how the bike works is perfected when the mind and the flesh is one in driving the bike. That is the point.

By the looks of it, the books we have discussed here tell us that they do not contradict the teachings in the Bible; that all the other books pose a promise of enlightenment and reinforcement of what is already in the Bible. Aside from the scriptures not included in the Bible there are verses that seem to have undergone attempts to be omitted. One omission that really struck me is Matthew 17:21 and Mark 9:29. These verses are not in the other English translations of the Bible. Here Jesus tells the disciples that only “prayer and fasting” could drive out the demon from a man they were unable to heal. The verses emphasize the power of fasting and prayer. It can be understood here that prayer alone is not as powerful as when prayer is done with fasting. Prayer and fasting has to go together to be more effective and powerful in invoking the power of God against evil. It has to be both prayer and fasting in order to be powerful enough to overcome the most paralyzing evil spell. Unfortunately, fasting is not strongly supported by the Christian churches in the Christian era. We discussed the benefits of fasting in Chapter 5 of this book. It is being reinforced by these two verses.

Let us go to the teachings of the Church contradicting the words of Jesus in the Bible. We are taught to go to the Church once a week depending on what day is prescribed by the sect we belong. Jesus said that we should close our window and pray to the Father in private. (*Matthew6:6 But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.*) We are made to understand that the Old Testament and the Ten Commandments with it have been superseded by the New Testament. On the contrary, Jesus said

that He did not come to abolish but to fulfill. (*Matthew 5:17 Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfill. 18 For verily I say unto you, till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled. 19 Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven.*) The church tells us that Jesus is the only son of God. Only Jesus can be as perfect as God. No one else can be as perfect as Jesus. But Jesus told us to call His Father our Father which means He considers us to be His brothers and sisters. Jesus also told us that we can do what he has done, even greater. (*John 14:12 I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father.*) The church tells us that it is blasphemy to think of being equal to God. On the contrary, God took the phrase that we use to refer to ourselves (I Am) and declared it to be His name. (*Exodus 3:14 God said to Moses, "I am who I am . This is what you are to say to the Israelites: 'I AM has sent me to you.'* ") Furthermore, Jesus told us that we must be perfect as the Father in heaven is perfect. (*Matthew 5:48 Be perfect, therefore, as your heavenly Father is perfect.*)

These exclusions, omissions and distortion of God's epistle to us has damage our faith in our God, and therefore our spiritual being. We have been drawn and being dragged away from our God, not only intellectually, but emotionally and spiritually.

Chapter 9

The Doctrine of Death

I was singing with the people in the church along with the choir when suddenly I had to stop at the line of the song that said something like “God is happy to see His people die for Him. . . .”

I could not sing the lyrics because it looked like what was being said is not true. I could not accept the idea because of what I read in the Book of Ezekiel where God says He has no pleasure in the death of anyone. (*Ezekiel 8:32* saying, “*I have no pleasure in the death of him that dieth, saith the Lord God, wherefore, turn yourselves and live ye.*”) If I sung the line over and over, the false idea in those lyrics might seep into my subconscious. I do not want that to happen. This is the way inaccurate information is being seeded into our mind without our consciously knowing about it. This is the way advertising works. The ads on TV, internet, newspapers, magazines, successfully make us believe what they want us to believe. Our practices, traditions, and education work in the same way too. Constant repetition causes the subconscious to accept even if the information is false.

This is how malpractices in our society develop and take stronghold in our institutions. The church is not an exception. Inaccurate ideas are being integrated into the teachings of the church in the form of misinterpretation of the verses in our

Bible and through constant repetition, they become institutionalized. That is why the omission and distortion in the scripture that we have presented in the preceding chapter are now gradually accepted as the true will of God. They omit many of those scriptures from the Bible, slant the teachings therein, and declare it as the complete word of God.

For example, there is a widespread teaching and belief that death is an inevitable fact of life. Death is the will God. Therefore, no one escapes death. This teaching may have originated from the book of Genesis where God said “for dust you are and to dust you will return. (*Genesis 3:19 “By the sweat of your brow you will eat your food until you return to the ground, for from it you were taken; for dust you are and to dust you will return.”*) However, we all know that God pronounced this curse for a reason and we will discuss this later in this chapter. The Roman Catholic Church celebrates “Ash Wednesday” to commemorate this. The commemoration, however, is wrong in the sense that it instills the philosophy of death instead of the miracle of life. Again it emphasizes that all of us must die and return to dust.

This teaching is not accurate because in the book of Genesis, there was a man named Enoch who ascended to heaven without dying. (*Genesis 5:24 Enoch walked with God, and he was no more, for God took him away.*) In the 2nd book of Kings, the Prophet Elijah was taken up by chariot of fire to heaven before the very eyes of his student Elisha. (*2 Book 2:11 As they were walking along and talking together, suddenly a chariot of fire and horses of fire appeared and separated the two of them, and Elijah went up to heaven in a whirlwind.*) Elijah like Enoch did not die. Which is easier to do, knowing their deeds or just accepting death as a natural part of life? If you can accept the pain of death, then the latter is acceptable. If not, the former is a more challenging choice.

Another possible basis of this teaching is that the Father had to send His only Son to die for our sin. Jesus' death freed us from the shackles of slavery in sin. Our sin was repaid in full by that death. However, although Jesus stayed dead for three days, we know that Jesus rose to life and ascended to heaven to sit at the right side of the Father forever. Another thing is that Jesus healed the sick and raised the dead to life before He was crucified. Elijah and his student Elisha after him healed the sick and raised the dead to life when they walked the earth. So, the belief that death is the will of God has no basis in our Bible. Therefore, the only basis left is the death that we see around us. It really looks like that death is inescapable since everybody seems to die even without causes like disease or physical injury. Although the Bible gives us examples like Enoch and Elijah, we have not met or known anyone like them in the present time. Enoch and Elijah, however, are great inspiration to the world of religion especially us, Christians. Most of us did not or do not know that these two men did not die and they ascended like Jesus. Their immortality is not highlighted by religious teachers and preachers. It is good that the death of Jesus is given great significance, but it is unfortunate that Jesus' conquest of death, and his telling us that we can do what He has done, even greater (*John 14:12 I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father.*) are not given the significance they deserve.

Death cannot be the will of God because Jesus said our God is the God of the living not the god of the dead. Jesus said this in the Gospel according to Mark. (*Mark 12:27 He is not the God of the dead, but the God of the living: ye therefore do greatly err.*) The belief that death is the will of God is contradictory to this teaching of Jesus. This belief should not make sense to us Christians, since the teachings and the works

of Jesus should be the basis of our faith. In the book of the Proverbs, God made something clear. (*Proverbs 8:36 But whoever fails to find me harms himself; all who hate me love death.*) All who hate me love death. God said that.

Let us go back to that scenario in Eden where the devil was talking to Eve. Before we go on, let us make something clear. We do not discuss this here to discredit Eve in anyway. We are not allowed to do that because God told us to honor our father and mother. (*Matthew 15:4 For God said, 'Honor your father and mother' and 'Anyone who curses his father or mother must be put to death.'*) Eve is our mother. Eve is not the subject matter here. The subject matter is the mistake. We are analysing the mistake so we may learn from it. Considering the statement "All who hate me love death", did Eve love God by disobeying the direct order of God? Did Eve love God by believing the words of the devil which was a direct contradiction to God's command? God told them not to eat the fruit of the tree of the knowledge of good and evil, because they will surely die. The devil said they will not die but will become like Gods knowing good and evil. Eve distrusted God for creating them lower than the Gods according to the devil. In a sense, she hated God at that moment and, therefore, loved death.

There is another thing that deserves more reflection here. We have discussed this in Chapter 2 on The Power of God within Us, page 8, paragraph 1 and I think we must reflect on it again. Eve, being like the Gods, had the power of the mind equal to God. By doubting God, Eve caused her mind power to oppose God. By the law of mathematics in the physical universe, equal against equal is zero. It does not mean that the power of God and the power of Eve given by God were not there anymore. Both were still there, only they were opposing its other and seem to annihilate each other. This made room

for the evil of death to set in, because death is the absence of God.

This devil is very skilful in making his lie half true. The truth about it was that Adam and Eve would become like Gods knowing good and evil. The lie was that Adam and Eve were already like Gods, even greater than the Angels for knowing only good but not evil. God created Adam and Eve knowing everything that was good. They needed not know about evil because knowing evil would make the pull of gravity on their material bodies strong enough to bring them back to the non-living dust of the earth. Knowing evil does not bring harm to the Angels because they have no flesh bodies to be pulled by gravity down to the earth. In other words, the devil offered to Eve what she already had—being like Gods. Eve lost what she had by believing that she did not have it.

This is a common style of the devil. The devil did the same to Jesus in the desert. He tried to make Jesus believe that He was not a son of God by telling Jesus that if He were the son of God, He should be able to turn the stone into bread. The devil was making statement based on the scriptures. Jesus, however, did his homework. Jesus knew the scripture and answered back saying man does not live on bread alone, but in every word that God speaks. (*Matthew 4:4 Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'* ") The devil said that if Jesus would worship him, he will give Jesus the kingdoms of the world. Jesus, however, knew that the whole universe was created through the word that was in Him. (*John 1:1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was with God in the beginning. 3 Through him all things were made; without him nothing was made that has been made.*) So, what is the point in desiring for all the kingdoms of the world when the world is only part of the whole universe? Here we see that the devil's style with

Eve is the same as his style with Jesus. Offering what is already at hand. This time, however, unlike Eve, Jesus was not lured into believing that He did not have what was offered. If He did, He would have lost it.

We mentioned about the power of the mind of Eve being equal to the power of God. Do you think our mind power today is not equal to that of God? That is exactly what the devil wants us to believe. The devil wants us to believe that we are not sons and daughters of God. He told Eve and Jesus the same thing. He wants us to believe that we are powerless, but he is seeding his lie in our mind. That means the devil is lying at us. If we do not have power, then why seed lies in our mind? The devil is seeding lies in our mind because that is the only way his lies will work. He knows we are given the task of spreading the light and love of God into the world. So, he must be able to use our power to oppose the intention of God by using us through our mind and heart. Do not forget that. The devil offers what we already possess. If we believe we do not possess what he is offering by desiring for it, by the power of our mind, we lose what we already have.

The power of the mind was emphasized by Jesus in the Gospel according to Mark. If we believe and do not doubt in our heart that what we say will happen, it will be done for us. (*Mark 11:23 "I tell you the truth, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in his heart but believes that what he says will happen, it will be done for him."*) This is the positive side of mind power. The negative side is in the Gospel according to Matthew. (*Matthew 14:31 Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"*) Jesus was reaching out for the hand of Peter who was doubting and sinking into the water. Jesus said to Peter: "You of little faith why did you doubt?" The mind power of Peter practically neutralized the power of Jesus right in front of Jesus. This is

the same misuse of mind power that brings disaster, pain, suffering, sickness, aging, and death to the world. Mankind is misusing mind power to oppose all the good intentions of heaven here on earth by way of the lie seeded by the devil in our subconscious. This is the lie that death is the will of God.

What does this mean to us now? For me in particular, if I die in this lifetime, that means I failed to prove my love for God. Stating this conversely, if I fail to love my God with all my heart, with all my mind, with all my soul and with all my strength in this lifetime, I will surely die. The devil would say: “No, no, no, death is the will of your God.” Uh uh, there he goes again. For the whole world, it means the devil is making some progress seeding his lie deeply into the mass subconscious because it seems everyone dies sooner or later. We must not forget, however, that on the other hand, God is duplicating in the mother’s womb the creation of man in Genesis. New life is being born out of the non-living atoms in the mother’s womb every tick of the clock around the world. What we must do now is to erase the devil’s lie in our subconscious.

We must reprogram our mind, our heart and our soul to love our God again the way we should. We can do that by auto suggestion but this chapter looks too long already so we will take that up in the next chapter.

Chapter 10

Reprogramming the Soul

In the preceding chapter we explained how powerful our mind is. In this chapter, we will present two other powers within us: emotion and memory. These three are integrated into a single entity called the soul. The mind, emotion and memory are very powerful but programmable, in scientific term “elastic”. These three can make or unmake a man depending on the programming. That is why God said: “Love your God with all your heart (emotion), with all your mind, with all your soul, and with all your strength”, because if you don’t, you are actually opposing the power that makes you live, thus giving room for death.

How do we differentiate mind and emotion? Eve’s desire to be like Gods is emotional. Her decision to make that desire happen is mental. This emotional and mental activity and the consequences are recorded in memory and will be one of the bases for future decisions in life. This is how our character is being molded by our experiences in life. This is the way our social interaction, training and education shape our existence as a person. Simply stated, our behavior is defined by our desire for pleasing experiences or dislike for pain as recorded in memory. There is, however, that behavioral pattern which tends to take pain instead of pleasure. That behavior is motivated by the expected pleasure after the pain, like the pain of childbirth. The memory is most of the time part of our emotional and mental decisions in life.

Training can even record in memory an action pattern for a particular situation. This is done to enable quick action without need for mental and emotional decisions in emergency scenarios. One example is the fire drill. Another example is the “dance of death” in Karate. In emergency flight training, pilots undergo simulated exercises repeatedly to memorize critical actions. In actual situations, they are able to focus on the indicators while their hands are busy pressing buttons, flipping switches and operating levers without their being conscious about it. Constant training and practice make critical actions instinctive. In these types of action, the mind and emotion do not have direct involvement. However, the mind and emotion can still override the memory when necessary.

This is the advantage of training, exercises and drills. They enable us to make quick actions when we do not have time to think and feel. The action pattern is in the memory. The information is instantly implemented when the need arises. There is something to be very careful about though. The memory does not filter the information recorded on it. It is the mind and emotion that have the power to select the information to be recorded or not. It is, however, possible to circumvent this psychical protocol. When the information becomes repetitive and monotonous, the mind and the emotion give up their filtering duty while the memory continues to receive the information. This is the reason why trainers and educators have to perform their role responsibly to protect the integrity of the students. Society has to review the laws, customs, traditions and practices to preserve the psycho-emotional well being of her citizens.

Every day, we are bombarded by information. The information may be fact, lie or both. The most dangerous is the later, both. Let us talk about the facts. Facts can be repeated over and over. It is good to know the truth. There are truths, however, that may not be entirely beneficial if repeated. In our

city when I was small, a radio station initiated an hourly broadcast on the update of the cholera epidemic. A wealthy man in the community put up a public address system to make the radio update heard by everyone in the community. The epidemic was getting worse and the death toll was climbing every day. In a few days the radio station stopped the update for the reason that warning the people did not seem to help anyway. Surprisingly, the death toll dropped and the cholera cases fell below epidemic proportion. Coincidence? Maybe.

There have been many political scenarios where the government had to withhold information that may cause unnecessary panic buying, bank runs and capital flights. If solutions are formulated and implemented in time, withholding information is good. Otherwise, political disaster that may ensue is unimaginable. Is this the kind of reason why our Bible was reduced to what it is today instead of an encyclopedic volume that it should be? The other writings were hidden by those afraid of persecution into the desert. Those writings were causing differences among Christians and were endangering the political stability of the Roman Empire. It looked like the council of Nicaea did a great job for Rome and Christianity in general. Really?

The Council of Nicaea rejected the doctrine of pre-existence and reincarnation in 325 CE. This practically condemned the idea that the soul can evolve to the level of God through the process of reincarnation. We have already presented previously in this book the pre-existence of John the Baptist in the person of the Prophet Elijah in the Old Testament. We also cited the Gospel according to John telling us about the Word that became flesh. Jesus himself said: “Before Abraham I Am.” We also discussed Jesus’ saying that we must be perfect as our Father in heaven is perfect. If we only have one life to live, and those who died now are judged by promptly going to heaven or hell, what is Final judgment at the end of the age

for? Jesus said: *“Matthew 10:28 Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.”* In other words, there is post existence of the soul as well as pre-existence. With this and Jesus saying that we must be perfect clearly makes us understand that everyone is given the chance to be born again and correct his mistake until the time is up at the end of the age where Final judgment is passed. In the absence of soul development through reincarnation, the Father in heaven looks like an unfair and unforgiving God. This contradicts the teaching that God is the God of the living not of the dead. It is not consistent with the teaching that God is a compassionate and forgiving God.

(Exodus 34:6 And he passed in front of Moses, proclaiming, “The LORD, the LORD, the compassionate and gracious God, slow to anger, abounding in love and faithfulness,) This contradicts Jesus’ teaching of forgiveness. Is this the reason why the Roman Empire started to fall at the end of the Fifth Century or just a coincidence again?

It is believed that the majority of Christians do not read the Bible, especially us in the Roman Catholic Church. What happens to that majority is accept that God does nothing to help His people attain perfection by conquering death like Jesus, Elijah and Enoch did. We are lead into believing that God just wants us to die in order to be judged at the end of the age. Despite the weakening power of the Romans, emperors continued to call subsequent council assemblies to affirm the posture against pre-existence and reincarnation. It continued the teaching that death is the will of God. Why does God not destroy the Roman Catholic Church now? That only means one thing. There are still good people in the Roman Catholic Religion and in the entire Christianity. God does not want to destroy the righteous with the wicked, treating the righteous and wicked alike. Remember Abraham bargaining with God

against the destruction of Sodom (*Genesis 18:20-33*). Abraham was able to reduce the numbers from 50 to 10 righteous people when God said: “For the sake of 10, I will not destroy Sodom.” That means, the Roman Catholic religion is still better than Sodom at this point in time. Also, this world has still enough righteous people not to deserve the fate of Sodom and Gomorrah. Today’s world is still better than the world at the time of Noah.

While the Father in heaven sees us to be still worthy of his patience and compassion let us reprogram our mind, heart, and soul by erasing the “deathist” philosophy in our memory. We all evolve towards perfection. Pope John Paul said: “The future starts today, not tomorrow.” Let us start to hasten that evolution of our soul right now. We can use the following affirmations to achieve that:

I Am a child of God.

I love my God with all my heart, with all my mind, with all my soul and with all my strength.

I love my neighbor as myself.

We are all children of God.

The crystal river of living water is flowing through me and cleanses my whole being.

Emmanuel

Emmanuel

Emmanuel

I Am healed

I Am healed

I Am healed

I have presented this in my previous book: “We Are Gods: Jesus Said So.” Remember “I Am” is the name of God. Lines 2, 3, 4 affirm the Greatest Commandments according to Jesus. Line 5 was taken from the Book of Revelation. (*Revelation*

7:17 For the Lamb at the center of the throne will be their shepherd; 'he will lead them to springs of living water.' *'And God will wipe away every tear from their eyes)* Emmanuel means "God is with us". These lines must be repeated as many times as you like and must be recited in a very relaxed state. Close your eyes and see in your mind such pleasant images related to God and His presence in you. If you are able to paint the image in your mind the words of Revelation 7:17 that we have just cited, that would be great. You may imagine the image we presented in Fig 5 of this book. If you want the one in color, you can find it in <http://www.iaminman.com/jesus.html>. We should do this at least once a day at bed time or first thing in the morning or as frequently as possible.

Instead of thinking about the worries at home and/or at work; instead of hatred in our heart caused by others; instead of all the despairs and fears in life; let us use the time we normally spend for instilling those negative thoughts and feelings in our soul with reciting, feeling and imagining God's presence. This will free us from emotional, mental and even physical tension. This removes tension from being a natural part of our life. This brings sweet dreams when we sleep and avoid nightmares. This will certainly remove one of the causes of High Blood pressure and most probably all other diseases. This will enable the Archangels to perform their divine intervention in our life the best they are supposed to. This will surely draw us near the God of the living and away from death.

A relaxed state as mentioned earlier is necessary in this exercise. If we are afraid or in doubt we become tense, right. Therefore, a relaxed state of mind and emotion means firm belief and strong faith in God's presence of life and protection. It is an expression and demonstration of our trust in the God that makes every bit of our flesh alive. Relaxation can be attained with little difficulty at first but easily and instantly

with constant practice. Breathing exercise is needed to start the relaxation process. There are 4 kinds of breathing: 1) normal, 2) chest, 3) abdominal, and 4) combination of 2 and 3. Normal breathing is the breathing everyone does. Chest breathing is expanding the chest while breathing in, hold as long as you can, then release as slowly as can be. It is not necessary to really make the cycle very long initially. One can benefit from a longer cycle though as he progresses especially from a longer period of holding the breath. Holding the breath gives the lungs more time to extract oxygen.

Abdominal breathing is done by infants. The abdomen expands as the lungs breathe in air. This allows the lower part of the lungs to be filled with oxygen. The air sacks in the lower lungs are not fully utilized in normal and chest breathing. Once the abdomen is fully expanded, we hold the breath like we do in chest breathing. Then, breathe out slowly and contracting the abdomen simultaneously. There are people who can do this the first time. If you cannot do it the first, don't worry about it. Just start with the chest breathing initially and try this one later when you attain sufficient skill.

The combination method is a bit more difficult. The cycle is breathing in with the abdomen until the abdomen is fully expanded. Continue breathing while simultaneously shifting the expansion to the chest. That means the chest expands while the abdomen contracts. When the expansion is fully shifted to the chest (abdomen is contracted) hold, then release the air and bringing the chest to its normal state while maintaining the contracted state. Then, you are ready for the next cycle.

Let us try the chest breathing initially. Before you sleep, recline on your pillows, take a deep chest breath, hold while counting 1 to 5, and then slowly release the air while counting 5 to 1. This is the first cycle. Repeat the cycle while feeling your body relaxed. Develop the skill of sensing tense areas in your body. Usually tension in the upper arms, shoulders, and

back of the neck linger without your knowing. Try relaxing any tense area you can sense. Imagine you are floating in the universe. Continue the breathing cycle until you feel fully relaxed. Then start reciting the verses we have presented. As the breathing skill develops, reciting the verses and breathing out can be done simultaneously. You may find yourself sleeping in the course of the exercise. This exercise will benefit those who have insomnia. Try not to sleep until the verses are repeated several times. There is no harm in going to sleep though. The message of the verses has started to be written in the memory. Doing this exercise often will eventually replace the lies seeded in the subconscious mind.

Will reciting the Lord's Prayer bring the same benefit? Definitely, Hail Mary will bring benefit too. The Holy Rosary is a good habit. One word of caution though. Negative suggestions have been seeded in the verses of Hail Mary. The last part says "Pray for us sinners now and at the hour of our death, Amen." The author of this line intended this to be an expression of humility before God. It is true that we are sinners and many of us are still dying. However, this is another example of a truth that does not benefit us if said over and over again. The intention was good but the subconscious may get the wrong message that we will always be sinners and that death is an inescapable fact of life. "Sinners" should be replaced by "sons and daughters of God" or "children of God" and "death" should be replaced by "victory over sins, disease and death". It is not good for the soul if the words sinner and death are repeatedly fed to the subconscious mind.

This is the way we should be aware of negative suggestions in the information that get into our senses. The Holy Eucharist for example is a ritual that reminds us that the body of Christ has been broken for us and everyone has been given his share of the broken piece of bread that is now with us all every moment of our life. But if we continue to recite "I am not

worthy to receive you”, that may eventually defeat the very purpose of communion. I have replaced this with a different statement when I hear mass. Instead, I whisper: “By your Word, I am worthy to receive you.” The reason is that “I am” is the name of God. How can “I am” be unworthy? This could be the reason why we are still unable to eat the bread that was broken for us and drink the wine that has been shed, because we always profess once a week that we are not worthy to receive the Son of God. This is a statement of refusal loudly declared at the very face of God. Eat and drink means full acceptance of the Christ that is with us now and waiting to be accepted. This Christ, the bread of life that was also with Jesus but unlike us Jesus was able to accept and unite with His soul. This is the meaning of Jesus telling Thomas that if you make two as one, you will enter the King of Heaven.

We have been taught in school and have been told by Doctors and Nutritionists that what we eat and drink affects not only our flesh body but also our mind and emotion. There is a saying that goes like: “You are what you eat and drink.” The nutrients and the water that we take become the composition of the cells of our flesh. Eating the broken bread and the wine in the Eucharist makes the body of Christ become integrated with our soul. That means we have fully accepted the Son of God as our only Lord and saviour. That means we have united with our creator through His only Son. That means also that we have become perfect as the Father in heaven is perfect. That means further that we have become worthy to be with the Father and His son like Adam and Eve before the fall. How then can Jesus come again when we keep on declaring “I am not worthy to receive you”, and we are using the name of God to say that? This is a direct contradiction of Commandment number 4. This is the way of the anti-Christ. This is the meaning of Revelation saying “for the number of the beast is the number of man.”

Chapter 11

The Power of Words

Jesus said: (*Matthew 12:34-36*) *O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh. A good man out of the good treasure of the heart bringeth forth good things: and an evil man out of the evil treasure bringeth forth evil things. But I say unto you, That every idle word that men shall speak, they shall give account thereof in the day of judgment. For by thy words thou shalt be justified, and by thy words thou shalt be condemned.* This is how important the words that we speak are to our salvation or damnation. The words that we speak send out not only sound waves through the air of the atmosphere but vibrate the ethers of the universe radiating signals of creation or destruction. Every miracle of Jesus is preceded by His spoken words like “Lazarus come forth.” Decrees like “Let there be light” or “Let us make man “ precede every creation of God.

We must not forget that in our previous discussions we pointed out the equality of our power to that of God. Earlier we emphasized the power of the mind and emotion. Creation or destruction starts from the mind and the heart. Creation or destruction is radiated by us through our tongue. In other words, the words that come out of our mouth can reinforce or neutralize the presence of God. We do not realize the effects of our speeches to the material universe around us. Many of us do not realize how evil words pollute the universe. Many of us

think that our morality is determined only by our deeds. Our morality is our entire thought, feeling, speech and deeds.

There are people who think that they do not need God to be morally upright. This is really funny. How could you be morally upright when without God you could not even stand up? You could not even rise from the dust of the earth. They do not realize how ungrateful they are. They even accuse God of all the wickedness that they read in the Bible and the wickedness they see around. They renounce their responsibility to be God's emissary of light in this world. Below is an illustration of that responsibility:



Figure 7- Man as agent of Light

The world becomes filled with pain, suffering and death because man does not recognize or refuse to recognize his responsibility. Man is programmed to do so and is made to believe that it is a natural and moral thing to do. In this part of the universe, this matrix should be apparent to one who does not depend so much on his 5 senses. We need to be like Morpheus who knows the truth and willing to die for it. We

need to be like Thomas Anderson who recognizes the truth despite the matrix of falsity he is in. We should learn from the Lion King. Simba withdrew from the world of the hyenas so his soul will not be shaped by the atmosphere of slavery and bondage under the rule of insolent greed and indolence. He was allowed to grow in the land of “hacuna matata” so he could internalize the true meaning of power and freedom. Can you see the similarity of the Lion King and the life of Jesus? Jesus withdrew from society for 18 years to be brought up away from the generally accepted moral values of the times and be with the people who knew and worship God in spirit and in truth. He was allowed to grow in an atmosphere of truth, so that when the time came for Him to flood the world with the light of good and truth, no one could persuade or intimidate Him into renouncing His responsibility as a human being.

What is happening to many of the children today? Many of our children grow up in absentee parents, quarreling father and mother if not separated. Some of them were lucky enough to grow with foster parents or grandparents who taught them how to pray and know the God that makes them live. Many of them go to school where prayers are prohibited. Many do not even go to church and worse do not know how to pray. Some think that Jesus is just like Superman, Spiderman or Harry Potter. Then, these children grow into parents and hand down the same spiritual directions to their children the way they did before. The cycle goes on and on so that the soul deeply falls into the doctrine of death.

It should be apparent at this point that although there are good people in this world, there is a lie that permeates the moral fabric of our society and there are people who think that that lie is true. That lie intoxicates our mind and heart and makes us do things against our inherent sacredness by virtue of the image of God in us. We have become like Percy Jackson

and his friends who became like sleep walkers upon eating the lotus cake offered to them. There are people in the world that do not want us to wake up. We have slept too long and sunrise is coming and has already come. It is time to wake up and that time is now, not tomorrow or some later day.

Evil does not sleep whether we do something or nothing against it. We do not need to fight a war nuclear or traditional. We do not need to fight against our brothers and sisters. Our enemy can be known by using a mirror not a telescope. There is an enemy subtly making a mess of our being inside us. Yes, the war is against that artificial self that has been molded by the emotional and psychological programming of our society. “He who overcomes himself is stronger” goes the proverb of old. But remember that the war is psychological and emotional, so our tactic is Bruce Lees’ “Fighting without fighting.” Since we are trying to overcome our self, we must be gentle and persuasive.

The battle is in the memory, our subconscious mind. The subconscious is very receptive to the negative “suggestions” of our society. These unceasing negative suggestions become like a hypnotic spell that programs our mind and emotion. Therefore, we must design and practice what Psychologists call auto-suggestion, a positive kind that will counter what is being fed to our senses and erase what is already in our memory. We have to pray as frequently as we can. Let us make a personal weekly program for that. Prayer can be praise, asking, thanksgiving and affirmation. The Lord’s Prayer is a combination of praise affirmation and asking. “Holy be thy name” is praise. “Your will be done on earth as in heaven” is affirmation. “Give us this day” and forgive us” are asking. The one suggested in the preceding chapter is affirmation. If you are already doing the Rosary every day please continue to do so with that suggestion to change the words in the last part of Hail Mary. You can just do the Rosary more often in a day

or the Rosary can be done with that affirmation all together. If you do not know the Rosary then you can repeat the affirmation prayer for 15 minutes each day then do the cycle again later in the day as often as possible. Please do not forget the breathing and the image.

This we can do as frequently in a day as we can. Remember the chakras in Chapter 3? Let us meditate on these energy centers of God. Let us start with the heart chakra on Monday immediately following the day you started our affirmation. For example: you started Thursday, continue the affirmation Friday, Saturday, Sunday and on Monday include the following affirmation:

My heart is filled with love
My heart is filled with kindness
My heart is filled with forgiveness
I am the light in my heart
I am the life in my heart
I am the love in my heart
I am that I am is written in my heart

Note: Imagine a blinding white light shining at the center of your chest lighting every beat of your cells.

On the next day, Tuesday, replace the heart chakra affirmation with the following affirmation for the throat chakra:

I am the word of light, life and love in my heart
My throat chakra speaks from my heart
I am the voice of God in the world
Let your will be done my Lord not mine (3 x)

Note: Imagine a bright blue light shining at the throat.

On the next day, Wednesday, replace throat chakra affirmation with the following affirmation for the third eye:

My third eye sees God from the atom to the cosmos
My third eye sees God in every one
My third eye senses God everywhere
My third eye senses God in me
I am the eye of God in the material universe.

On the next day, Thursday, replace the third eye chakra affirmation with the following affirmation for the solar plexus chakra:

My solar plexus shines like the sun
I am forgiving all sins against me
My solar plexus projects the light of love to the world
The love of God fills everyone and everything around me

On the next day, Friday, replace the third eye chakra affirmation with the following affirmation for the base chakra:

I am the temple of the Holy Spirit
My base chakra is the foundation of this temple
Raised from the dust of the earth
I am the image and likeness of God
I am the light of life and love
I am the manifestation of the Father thru the Son
I am the glory of the Father thru the Son
The will of my Lord is light
The will of my Lord is life
The will of my Lord is love
The will of my Lord is freedom
I am the will of my Lord on earth

On the next day, Saturday, replace the affirmation of the base chakra with the following affirmation for the soul chakra:

My soul chakra is a seal of light
My soul chakra is a seal of life
My soul chakra is a seal of love
Light expand, life expand, love expand

On the next day, Sunday, replace the affirmation of the soul chakra with the following affirmation for the crown chakra:

My crown chakra is the mind of God
My crown chakra is the wisdom of God
My crown chakra illuminates my soul and my flesh
I am, I am, I am enlightenment

This way, the rotation for the 7 chakras is completed in a week cycle. Then, start again Monday, reciting the affirmation for the heart chakra. I have experienced the benefits of this auto-suggestion process in my life. My first experience was with the book of C.N. Shealy titled: “90 Days to Self Health”. I had so much health problems at the time I bought the book. I was only 99 lbs. lighter than my girlfriend who is now my wife. All that the book wants you to do is to make positive suggestions to that part of your body that gives you problem. For example: “My lungs are working well” worked well for me to make my asthmatic bronchitis go away. The benefit that the book brought to me was my gaining weight to 145 lbs. in two months time. One thing I cannot forget about the book is the line written on the last page saying: “Every word is a prayer.”

Another experience is the one I had with the book by Mark and Elizabeth Prophet titled: “The Lost Teachings of Jesus.” The book teaches different “mantras” (auto-suggestions) that

clears the chakras we have discussed and thereby cleanse the physical body. I really want to reproduce them here but I have no permission to use them at this writing so I have to make similar verses for our purpose here. I was able to memorize 17 mantras in that book and I can still memorize them.

I was practicing the meditation and reciting the mantras 3 times a day for my problem with my internal hemorrhoid. It was issuing pus cells that stained my underwear. I was afraid of having cancer of the colon. I did a hot seat bath while doing the meditation and the mantras. I also did a 24 hour fasting from 3 pm of Friday until 3 pm of Saturday religiously without fail. I supported the program with 1 gm Vitamin C and 400 mg Vitamin E three times a day. The problem stopped bothering me after about a month and until now.

I continued the practice I have developed. I was doing “Arnold’s Bodybuilding for Men” at home at the time. I could run 7 rounds in the 400 meter oval without much difficulty at the time. For some reason only me and my God knows, I was hit by a stroke while writing on the board in my Economics class. I just have the thought that maybe, without the spiritual and physical exercises; I could have died right there and then. I felt something like a flip of a switch at the upper right back of my head. The room started to move like a merry-go-round. I used to enjoy this when I was young. I quickly sat down on the chair at the teachers table facing the class. Nobody noticed something is wrong with me. They were all busy copying what I was writing on the board. My heartbeat that used to sound like “bog, bog, bog” was sounding like a waning “brog, brog, brog”. I don’t know how I looked like but I think I looked up. I don’t know how long I closed my eyes, but I remember that I saw what I used to imagine during my meditation and mantra exercises. It looked like I was inside a great pillar of light coming from an opening in heaven. Then as usual I took a deep breath and held it. As I did, my heartbeat went back to

normal. The merry-go-round stopped. I opened my eyes and found nobody noticing what was happening to me.

I requested one of my students to accompany me to the medical clinic because I was afraid of going alone three floors down the building. That was the only time everyone in the room knew something was wrong with me. I think that made them somewhat happy because the class had to be cancelled and they would have time to review for the exam in their anatomy class that would follow. In short, anti-hypertensive drug was administered and I drove home with my wife as we usually did.

What I want to emphasize here is the instant access to divine assistance that these exercises afford in times of emergency. If the exercises described become a habit, our whole being becomes able to resonate with the divine presence of God. The exercises strengthen our faith, trust and belief in God, thereby bringing us instantly what we need when we need it. In case of emergency, there will be no room for doubt and fear in our mind. Only the awareness of God's presence fills our heart, mind and soul, and therefore, our physical being. The exercises that we just described erase the lies seeded in the Temple of the Holy Spirit.

A question may arise. Why this negative programming seems so hard to remove? I was told to pray to God, believe in His Son and His angels since I was small. Even if society programs me to be of weak faith, it is not too long since I was born on this earth. We will answer that in the next chapter.

Chapter 12

Karma and Reincarnation

Two hundred fifty years after the resurrection of Jesus, a great controversy flared up in the Christian world. The doctrine of reincarnation met great waves of attack from orthodox Christianity. In the year 553 C.E., the church closed its doors to the concept of reincarnation. The Council of Lyons in 1274 and the Council of Florence of 1439 established the one-lifetime doctrine. That means the soul immediately goes to heaven or to hell after the flesh body dies. Anyone against this was in danger of persecution. This is the generally accepted doctrine until now.

What is the effect of this to our faith in our God? The church gave all the responsibility of man's destiny to the hands of God. This leads the mind and heart of man, based on what his senses could discern around him, into believing that God is inconsiderate, unfair, cruel and even irresponsible. This God allows one man to be born in this world wise, rich, healthy and strong; while another idiot, poor, sick, and weak; and any other combination of characteristics that may fit his caprice. This God allows a man to be born blind, invalid, dumb, and deaf, die immediately after birth or even die before birth. This God gives you one life and you are unable to choose how long, whether 75 years or 1 second, and judge you immediately after death by sending you to heaven or to hell. According to the church Jesus will come again to judge the living and the dead. What for, when everyone that died had already been judged?

So, the church that condemned reincarnation because it minimizes Christian salvation, is actually now minimizing Christian salvation by saying that everyone who dies now has been judged before the second coming of Jesus.

Karma is one principle that should go with reincarnation. This principle states that whatever you face in life today is your own creation in the past. (*Job 4:8 Whenever I saw those who plowed wickedness and planted misery, they gathered its harvest.*) You will always meet in the future your own creation today. (*Galatians 7:6 Make no mistake about this, whatever you planted is what you'll harvest.*) That is why, for the sake of the future, Khalil Gibran advises us to "look well today." Without reincarnation Karma cannot explain why one should be born blind or die shortly after birth. Since reincarnation has been deemed unacceptable, Karma goes with it to oblivion. And so, the unfortunate remembers God at the time of misfortune and thinks: "My God, what are you doing? The unlucky blames God on his unlucky day. Satan says: "Perfect, man blames God and God will kill man for blasphemy." The truth is that Karma is in our Bible.

Reincarnation is also in our Bible. Jesus said: "If you are willing to believe, John is Elijah." (*Matthew 11:14 And if you are willing to accept it, John himself is Elijah who was to come.*) The prophet Elijah in the Old Testament reincarnated as John the Baptist in the New Testament. Many religions in the world, although they may differ in their views, accept reincarnation. The Christians reject it because it is forced upon them or they are taught otherwise.

What we want to show here is the reason why the negative programming we discussed in the preceding chapter is so difficult to remove or reverse. The reason is that the information in the subconscious not only contains the memory in this lifetime but includes the memory of our previous lives. One of the strongest arguments against reincarnation is that

there is no recollection of past lives. However, a great percentage of information in this present life can hardly be recalled within this lifetime. For example: many of the names of our classmates in grade one cannot be remembered when you are now 50 years old or older. How much more the memories of our lives say, 2000 years ago? We could not even remember what we were talking about at this same hour on this same day last year. Those who study sleep know that dreams always come with it, but we could even hardly remember our dreams when we wake up. Does this mean that the memories are not there anymore? No, it is there in our ethereal body, but the mind lost the skill to access the information. Whether the mind recalls or not, these memories will surely affect or shape our mental and emotional framework, even the configuration of our present life.

This memory is the source of our impulses when we were new to this world. These impulses govern our behavior in our childhood. It comes from the information in our subconscious mind. It offers an explanation why one should easily learn new languages while another seem to be inherently inclined to mathematics. This is the reason underlying the ability of autistic savants to exhibit mathematical ability. These fellows have impaired learning ability and some cannot afford to live without assistance, but are able to tell the exact number of candies in a glass jar without really counting one by one. Some can easily tell what day was July 4, 1776. Some exhibit extraordinary musical retentivity. These skills could only have been learned in past lives since these guys have been scientifically determined to have no learning ability in this lifetime.

If we review our world history, we find that the timeline is scarred by numerous wars and conflicts with all the crimes and suffering that went with them. By the principle of reincarnation, we must have participated in those wars and

conflicts as offenders or victims at one time or another, and by the principle of karma, we must have collected our due and paid our debt. Now, we are here again in this lifetime because we have not fully attained the perfection required to qualify for life in the Kingdom with the Father, His only Son, and the angels. (*Genesis 17:1 And when Abram was ninety years old and nine, the LORD appeared to Abram, and said unto him, I am the Almighty God; walk before me, and be thou perfect.*) We have not passed the qualifying exam for the next level of our spiritual development. Whatever the circumstances surrounding us now will surely define us either as sons and daughters of God or as followers of Satan and his host. The situation will either make us turn back to God or turn away from Him. (*Matthew 5:48 Be ye therefore perfect, even as your Father which is in heaven is perfect.*) God knows and understand that this perfection cannot be attained in one lifetime. In God's desire to redeem His children, this earthly sojourn will keep on repeating until we attain perfection or until the time is up whichever comes first. By "time is up" we mean the final judgement, the coming of the new heaven and the new earth.

Our life is like an academic career in life. The earth is like a classroom. Grade 1 prepares the student for Grade 2 and so on, and so on until he reaches his goal in life. This life on earth teaches us by experiencing situations and interaction with our fellow humans. As the saying goes, experience is the best teacher if not the greatest. This prepares us for the next life. Like in the academics, however, there are those who fail and become repeaters like you and me. The truth is that there are those who excel and go ahead of us. We should be happy for them, because those who have attained perfection are now praying for us and joining the heavenly host in whatever way they can to assist us in our journey back to perfection.

Not all who go into reincarnation are failures in their past life. There are perfect beings who volunteer to reincarnate and assume roles in earthly life like our teachers, leaders, preachers, friends, parents, brothers and sisters. There is one example in our Bible and we have made mention of him earlier in this chapter. Elijah went back as John to make everything ready for Jesus. There are even Angels who volunteer to reincarnate and perform roles in our life. (*Genesis 4:6*) Many of them die for us like the prophets do and their death have great impact in our life.

Unfortunately, by law of polarity of this physical universe, there are repeaters like us who retained the memory of evil more than the memory of righteousness of past life. Their failures made them devolve instead of evolve. Consequently they assume evil roles in our life. Good if we are able to see them as an opportunity to learn virtues like patients, tolerance, love, forgiveness, understanding and kindness. They actually give us the opportunity to evolve faster if we react positively.

By law of polarity again, there are fallen Angels who incarnate and cause real havoc to us. They are born into flesh bodies and become leaders and rulers. The Old Testament for example tells us how the Pharaoh of Egypt ordered the killing of all the first born male children of Israel when Moses was born. The New Testament tells us how all new born babies of Israel were murdered by the order of King Herod because he was seeking to destroy the new born Jesus. Our recorded history has two clear examples: Napoleon Bonaparte and Adolf Hitler. This is described in the parable of Jesus. (*Matthew 13:24 Another parable put he forth unto them, saying, The kingdom of heaven is likened unto a man which sowed good seed in his field: 25 But while men slept, his enemy came and sowed tares among the wheat, and went his way. 26 But when the blade was sprung up, and brought forth fruit, then appeared the tares also.*) In the verses that follow,

the man told his servants to wait for the time of harvest so the wheat can be separated from the tare. God just does not want to damage the wheat while uprooting the tare before it was time for harvest. Just like Sodom, God did not want to destroy the righteous with the wicked; the trouble was that there was no righteous left except Lot.

In our present life, we can establish categories of incarnated souls like us. 1) The worshipers in Spirit and in truth, 2) The innocent and the meek. 3) The hypocrites 4) The anti-Christ. The first category can be volunteers from heaven or righteous men who are about to complete their perfection in this lifetime. They love God with all their heart, mind, soul, and strength.

The second category may include those whose souls are just about to open to enlightenment. They are those who just go where their church lead them. Some of them may change their religious affiliation or will just refuse to be associated with any religion in this lifetime. Some of them do not even know they are working against us.

The third category can be volunteers from hell who are pretending to be good outside but are actually subtly seeding lies and deceiving the world. Those who did not completely learn from the karmic lessons of their past life may belong to this category also. They usually do not mean what they say.

The fourth category can be volunteers from hell whose mission on earth is to openly campaign against God and His people. They will blaspheme God and say all bad things against you if you argue with them. They talk like dogs. They speak as though they knew everything and those who are not in the same perspective are idiots. They will pick a verse in the Bible and say God is a murderer. For them, whether God punishes wickedness or not, God is bad. They see the bad in everything, never good. Some may implement schemes to destroy human life, or to lead people to make war with each other.

All the people we have just described will surely get their rewards immediately, later in this lifetime, in the next lifetime, or later. Karma can be quick or delayed depending on the performance or the performance of the parents recorded in the memory. We must have observed that there are wicked people in this lifetime who are blessed with wealth and influence. Their blessings are defining their psychological nature and character. Their blessings in this lifetime were created by their good deeds in the past. However, their wickedness today will not be forgotten. They will surely reap its fruit sooner or later. However, if their victims forgive them the offense is erased and so is the consequence. Those who forgive will also be forgiven of their sin in the past, and be freed from its consequence.

This is one of the ways to erase the karma of the offender—the forgiveness of the victim. That is the very reason why Jesus taught forgiveness, because it frees the offender from the shackle of his sin, and the forgiver evolves into a higher spiritual level. Lucky are the offenders who are forgiven by their victims. Their sin will not be counted against them. Lucky are those who mocked, struck, crucified and murdered Jesus, because Jesus said “forgive them for they do not know what they are doing.” Lucky are those who stoned Stephen to death, because Stephen prayed for their forgiveness before he died. Lucky are those who murdered the prophets of old and the disciples of Jesus, because their victims prayed for them in their last breath. Blessed are those who forgive they have united with the Spirit of God.

There have been numerous instances where those who are barren are able to bear children after adopting a child. They must have demonstrated some kind of hatred for children in the past, so past karma is erased by showing love for children in this lifetime in the form of raising a child that is not their own. This is also another way of paying up your karma in the past.

Is it possible to avert a disabling disease or accident in this lifetime by serving sincerely in a rehabilitation institution? Yes, because it is possible that your past victims are there waiting for your kind attention and care. Whether they are there or not, you are actually compensating for your past offenses. Is it possible to erase the bad karma of a friend by praying for him or her? Definitely, because the one you are praying for may be the one whom you never had the chance to forgive in the past. That is why Jesus told us to pray for our enemies or those who persecute us, because we might have persecuted them before. Now, they are being inclined to persecute us by the records in memory, and if we forgive them now, the negative records and their consequence are gone forever. If you think that the rich who makes donation to charity becomes even richer, you are right. All these make us change the world for a better future in our own small way.

Another way of erasing karma is to suffer for our own sin. We can do that by fasting. (*Matthew 17:20 And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you. 21 Howbeit this kind goeth not out but by prayer and fasting.*) Jesus said this in the Gospel of Matthew and Mark. (*Mark 9: 29 And he said unto them, This kind can come forth by nothing, but by prayer and fasting.*) We can also fast for the karma of our loved one, our family, friends and the world. Moses fasted in the desert for 40 days when he was driven out of Egypt. Jesus fasted for 40 days after His baptism by John. David practiced fasting. Daniel fasted for his sin and the sin of his people. The prophets and high priests of the ancient fasted and in so doing their prayers were heard and their strength as a people was restored. Are there people practicing fasting these

days? Of course there are people still practicing that. They are surely benefiting from it.

Chapter 13

Spiritual Growth

Scientists were able to conceptualize the heliocentric view of the universe because the geocentric view could not provide an explanation of the anomalous movements some stars are exhibiting. There are heavenly bodies that do not stay in their position in the sky. Astrologers classified the stars in the sky into two: 1) fixed stars, and 2) planets-meaning wanderers. Scientist had two choices in dealing with the mystery of the planet's movement. Either to ignore the anomaly and accept the observation as it was, or use the power of reason to develop a better concept. And so, by constructing a model that the earth and the planets revolve around the sun and the moon revolves around the earth, the behavior of heavenly bodies made more sense. Although the heliocentric view is now obsolete, it teaches us how inconsistencies, anomalies, discrepancies, and mysteries in our observation bring more light to our understanding.

Have you noticed the discrepancy between Chapter 1 and Chapter 2 of Genesis in our Bible? The sequence of creation is different. In chapter 1 the plants were created first, then the birds, then the fishes, then animals and all sorts of creeping creatures, and then God's best-loved creation—man. In chapter 2: man was formed; then the plants; then the beasts and fowl of the air. Without this discrepancy in the sequence of creation Chapter 2 could well serve as additional details for Chapter 1. We have two choices on how to deal with the discrepancy. Either we ignore the discrepancy and just accept

the narrative as it is, or use our power of reason as we did in our view of the universe.

What does the difference in the order of creation tell us? It is telling us that Chapter 2 was a separate event. Chapter 2 is a special creation activity in a special location called Garden of Eden. (*Genesis 2:8 And the LORD God planted a garden eastward in Eden; and there he put the man whom he had formed*) Since the event is in Chapter 2 that means this creation process happened later than that in Chapter 1. Chapter 2 does not say anything about time. This could mean that the Garden of Eden is not within the realm of the space-time universe. There was no twenty-four-hour day and night. The place was timeless. Adam and Eve, therefore, did not age. They were immortal because they can eat of the fruit of the tree of life.

The Garden of Eden could be another dimension intersecting the four dimensional space of the earth and there is good reason to believe that the place still exists, but we cannot see it because of our altered state and senses. There was no law of polarity there. Everything was good and nothing evil existed in that garden. The Garden of Eden gives us an idea of what the Kingdom is like and of course the idea of what it takes to qualify as resident of that place. When Adam and Eve broke away from God by disobeying the command not to eat the fruit of the tree of the knowledge of good and evil, they were driven out of the garden and were not allowed to go back in again. They were then able to join their fellow human beings who were multiplying and replenishing the earth while they were in the garden. This answers our question how Cain's children and grand children met their wives in the land of Nod where he fled away from the presence of God.

Meanwhile, Adam and Eve had another son and was named Seth. (*Genesis 4:25 And Adam knew his wife again; and she bare a son, and called his name Seth: For God, said she, hath*

appointed me another seed instead of Abel, whom Cain slew.) Now we have an idea how Seth met his wife. And so, Adam's descendants split into that of Seth and of Cain. Aside from these two lineages, there were already humans on earth created in Chapter 1 of Genesis. In other words, after the expulsion from the Garden of Eden, there were three major genealogies spreading upon the earth. The natives of the earth, and the immigrants from the Garden of Eden composed of the descendents of Adam's sons Seth and Cain. One may say I am making my own story of creation. Well, I am just giving more sense and meaning to a discrepancy that I cannot ignore. If you can afford to ignore it, by all means you can. Before accusing me of inventing a story one should first remember those who might have erred in the translation and those who made omissions and exclusions in the making of our Bible. We have again options in dealing with these errors, omissions and exclusions. Either we dismiss the Bible as fiction as what the arrogant intellectuals do or give it more thought by trying to put the pieces together. I am, however, grateful for the noble intention of transmitting the message and the hardship suffered by those who spent the effort to make such noble intention take its present form—the Bible. Their good intention matters more to me than their mistakes, so I am giving their work more thought it deserve. In so doing, we can better understand as approximately as we can what God is really thinking and doing. It is really a matter of choice and this is my choice. If you have the same choice as mine, welcome.

Let us move a little bit forward. Why should God initiate a separate creation process in an ideal environment like the Garden of Eden? It looks like God is showing a model to His co-creators on earth of what kind of man He is expecting. God wants a man that although rising from the dust, must MANifest His image that is in him. This is what God commanded the angels to do saying let us make man in our image, after our

likeness in Chapter 1. This assignment was originally given to Lucifer to create life on earth because he volunteered. That was before his rebellion. He was the son of the morning star at that time. The creation of Adam described in Chapter 2 tells us that God is not pleased with the way the angels are helping man on earth to develop his consciousness. It looked like spiritual development did not progress for millions of years. That is why Chapter 2 talks about the man who “became a living soul.” The soul is necessary to open the way to consciousness or enlightenment. Chapter 2 reveals to the angels what God originally had in mind in the beginning—to make man as Gods, and Adam was the model of that perfection. God did this through the Word cited by the first chapter of John’s Gospel.

Unfortunately, Lucifer did not like the idea. (*Isaiah 14:12* *How art thou fallen from heaven, O Lucifer, son of the morning! how art thou cut down to the ground, which didst weaken the nations! 13 For thou hast said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north: 14 I will ascend above the heights of the clouds; I will be like the most High. 15 Yet thou shalt be brought down to hell, to the sides of the pit. 16 They that see thee shall narrowly look upon thee, and consider thee, saying, Is this the man that made the earth to tremble, that did shake kingdoms; 17 That made the world as a wilderness, and destroyed the cities thereof; that opened not the house of his prisoners?)* This angel who ruled the earth for numerous millennia had stunted the spiritual growth of man and did not like the idea of man growing into perfection like Adam. His true nature was revealed when Adam was created like his creator even greater than the angels for knowing only good but not evil. Lucifer’s supreme power over the earth was confirmed by Jesus in the Gospel of John saying “the prince of

this world is coming.” (*John 14:30 Hereafter I will not talk much with you: for the prince of this world cometh, and hath nothing in me.*) What we are saying is that the Lucifer who became Satan had been on earth for a very long time supposedly doing what the father sent him to do, to make man in the image of God. What Lucifer always did was to make the world like wilderness by destruction instead of creation.

The development of the human species did not start 6,000 years ago as many believe. Archaeology tells us that civilization dated earlier than that and it looks like what they did all the time is to make war against each other. The star in the constellation of Andromeda tells us that its image travelled a great distance that will take more than two billion years before reaching our eyes; we will be able to know if the star is still there only after two billion years from now. That means the heavens and the earth were created by God’s Word and His angels long, long, long, long time ago. Lucifer created man on earth but delayed the process of perfection because he always led humans to hatred and destruction. So, the law of Karma had been working against man’s spiritual growth and development. Man continued to die and be born again to face the death he created before. Man became a prisoner of a perpetual cycle of death and rebirth. Lucifer never wanted to see man grow to heaven because he wanted to be always above his creation. He even wanted to seat higher than the Word through whom he was created.

So the story goes on and on. Lucifer wants us to kill each other so that when we are born again we will face death as we created before. That is why all of us cried when we were born because we know the death we would be facing sooner or later. The first to break the cycle as written in our Bible was Enoch in the genealogy of Seth the third son of Adam. Enoch as we mentioned before ascended to heaven without dying. That was the first success of Adam’s descendant to attain spiritual

perfection from the dust of the earth. We have mentioned Elijah also who ascended to heaven without dying. Then came Jesus who was born of Mary, and who died for three days and ascended to heaven thereafter. These are the events recorded in our Bible that serve as light of hope in the consciousness of those who know now. A small spark that can harness man's mind power to make himself immortal as the Word that created him, instead of focusing on the wrong belief that dying is the will of the creator.

Man's consciousness of the God in him must grow and develop into a perfect state so his oneness with God will make him as God originally intended him to be. As we have repeatedly quoted in this book, Jesus said you must be perfect as your father in heaven is perfect. He did not say exactly when but we must. Jesus and His angels are always ready at our call. The call should come from our heart, mind and soul. But we cannot command the angels by our own will. We must align our will with the will of God so the angels will oblige. We must use the name of the Father, the Son and the Holy Spirit to do it. We must know these names by now. That is what we are practicing in Chapter 11 of this book on the power of words. We are practicing how to believe in what we say. We are practicing not to say useless words that stain our soul. We are practicing how to call on the name of our beloved Father in heaven YHWH, (pronounced Yud hey vav hey meaning I Am who I Am) through His only son our Lord and Saviour Yashua (Jesus in classical Greek) meaning Ya saves or Yaweh saves, Ya and Yaweh being short forms of YHWH. These are the powerful names we must call when we pray; when we are in great danger, when we are in a nightmare, when we are sick, when we give thanks and anytime we need to strengthen the light of life in our soul and flesh. Practice makes perfect. These should make our Spiritual growth faster in the next life time in case we fail to attain perfection now.

Chapter 14

The One God Doctrine

The “one God doctrine” is like a sword that divides God believers, the Church, families, and even faithful friends, especially during the time of Jesus. Scribes were having difficulty receiving Jesus because if they did, they would believe in two Gods: the Father and the Son instead of one as stated in the Ten Commandments which said “Thou shalt have no other Gods before me.” (*Exodus 20:3* *Thou shalt have no other gods before me.* *4 Thou shalt not make unto thee any graven image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth.* *5 Thou shalt not bow down thyself to them, nor serve them: for I the LORD thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me;*) Even at the present time, there are religious people in the world who have problem recognizing Jesus as the Christ who came to save the world. This is the same point of view Saul had before he became Paul. We mentioned this in Chapter 2. Many believe only in the Old Testament and many believe only in the Tora (the first 5 books of Moses).

There is nothing wrong in believing only in one God. We must make sure, however, that we are not missing something in our point of view. First, the words in Genesis seem to be inconsistent to this point of view. The words “us” and “our” in Genesis 1:26 implies the plurality of God. (*Genesis 1:26* *And*

God said, Let **us** make man in our image, after **our** likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth). In the book of the Psalms, David was talking about two lords. David says “The LORD said to my lord.” (*Psalm 110:1 The LORD said unto my Lord, Sit thou at my right hand, until I make thine enemies thy footstool*) That second Lord David was talking about must be God too. In fact, the Father told Him to sit at his right side. This was a heavenly scenario of the Father talking to His Son. Also in Genesis, the scripture talks about the sons of God. (*Genesis 6:4 There were giants in the earth in those days; and also after that, when the sons of God came in unto the daughters of men, and they bare children to them, the same became mighty men which were of old, men of renown.*) These sons of God must be Gods too, and they were on earth coming into the daughters of men. In fact, *Psalm 82:1* says: “*God standeth in the congregation of the mighty; he judgeth among the gods.* “ We have no certainty as to how many gods are being talked about here, but surely this verse refers to more than one or many more gods. Verses 6 and 7 say: “*I have said, Ye are gods; and all of you are children of the most High. But ye shall die like men, and fall like one of the princes.*” Everything is possible to God, so what could make us think that it is not possible for God to make Himself singular or plural?

It really looks like Commandment 1 is being literally misconstrued. We must also remember that God never admonished anyone bowing before the Angels of God. God did not say anything against Moses when he bowed before the Angel of God in Mount Sinai. That means Jesus; David’s lord; the sons of God; and the Angels are not included in the specifications of *Genesis 20:4* we have just cited. They are all one with God. What Commandment 1 is talking about are the

lifeless, inanimate, dead sculptures that humans idolize because they cannot accept the image of God, the light, the word, the life, the love and the Kingdom of God within them. Look at what James had to say. James said you believe in one God, good: the devils also believe, and tremble. (*James 2:19 Thou believest that there is one God; thou doest well: the devils also believe, and tremble.*) The lesson here is that we should not allow our monotheism make us overlook the fact that Jesus and His Angels are part of Gods omnipresence and must be Gods too.

Let us pause for a while and look back to Chapter 2 where we presented the Celestial Hierarchy. Does believing in the Angels minimize the role of our saviour Jesus? Definitely not, because as John said in the beginning of his Gospel, there is nothing in the universe that was created without Him. Everything was created through Him. He is the word that was with God in the beginning. He is also God. All creation of God is preceded by a decree, and He is the word in all those decrees. That clearly means the Angels of God were created through Him. This reconciles Jacob's pronouncement and the verse in John's Gospel. Jacob said I have seen God face to face. (*Genesis 32:30 And Jacob called the name of the place Peniel: for I have seen God face to face, and my life is preserved.*) Jesus said no one has ever seen God at any time except through me. (*John 1:18 No man hath seen God at any time, the only begotten Son, which is in the bosom of the Father, he hath declared him.*) Now we know that both are true, because Jacob was actually seeing God through the Word before He became flesh in the person of Jesus.

Jesus said do not think that I have come to send peace to the world, but a sword. (*Matthew 10:34 Think not that I am come to send peace on earth: I came not to send peace, but a sword. 35 For I am come to set a man at variance against his father, and the daughter against her mother, and the daughter*

in law against her mother in law.) Indeed, indeed, because His coming divided the Church into those who believe that He is to be idolized as God, or someone to be emulated as man that became God. Actually, the controversy does not make sense to me, but let us find out what our Bible has to say.

In the book of Isaiah, God said He shall eat butter and honey so He will know to refuse evil and choose good. (*Isaiah 7:14 Therefore the Lord himself shall give you a sign; Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel. 15 Butter and honey shall he eat, that he may know to refuse the evil, and choose the good.*) This fits the profile of a man growing into oneness with God. Jesus was born of Mary, so He was human like every one of us. If Jesus was not human, then His sacrifices and death would mean nothing, because God does not thirst, hunger, feel pain, suffer and die. Jesus always referred to Himself as the son of man, so we cannot argue with Jesus. He says He was a man, so be it, why insist? Agreed? Agreed.

It looks like we are still missing something though. (*John 8:58 Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am.*) Jesus said, before Abraham, I am. The people wanted to stone Him for that, but why? The reason is that “I am” is the name of God. Immediately before Jesus said this, the people were already furious because He sounded like He was making Himself a God when he said; I and the Father are one. (*John 10:30 I and my Father are one.*) Jesus was once asked by Philip to show the Father to them, but Jesus replied: I have been with you for so long yet you still do not know me? He who has seen me has seen the Father. (*John 14:8 Philip saith unto him, Lord, show us the Father, and it sufficeth us.9 Jesus saith unto him, Have I been so long time with you, and yet hast thou not known me, Philip? he that hath seen me hath seen the Father; and how sayest thou then, Show us the Father?)*) Jesus is the real test if we really loved God the

way many of us said we do. This was the failure of the many Scribes in Jesus' time. They said they loved the God of Moses but they could not accept the manifestation of the very same God right in front of them in the person of Jesus. That means they wanted God to meet their expectation. They did not want to please God. Rather, they want God to please them.

Which is which then? Is Jesus God or man? The answer is obvious Jesus was both man and God. What could make people take either point of view but not both? The reason is hidden deeply in the subconscious mind. Those who insist that Jesus is God subconsciously hate God because they do not want to be Gods. In a sense, they say they love Jesus but do not desire to be like Him. For them, Jesus is someone to be idolized but impossible to be emulated. These people tend to reject the reincarnation concept because it is impossible for man to evolve to the level of God consciousness. They tend to believe more in the resurrection because man has no power over sin. It is God who decides who will be saved and who is not saved. They shall be saved by faith alone.

On the other hand those who insist that Jesus is man say that they love Jesus, but he is just a man. He does not deserve the worship that we give to God. For them Jesus is just like any other prophet, just another messenger. So, there acceptance of Jesus is not full and their acceptance of His message goes with it. They believe more in deed than in faith to Jesus, because anyway Jesus is just a man who lived a righteous life. Many who believe in reincarnation but not resurrection belong to this group. Those who failed to be righteous in one life must go back and prove themselves by deeds. That is their belief.

So, these are the general conflicting religious beliefs of people in the world. The belief that Jesus is God is in conflict with the belief that He is man. The belief in reincarnation contradicts the belief in resurrection. We have psycho-emotional complication here, but they all boil down to belief in

God. They all believe in God, but the extremism paralyses the ability to accept the message of Jesus and all the Angels and the prophets. Many hated God so much that their refusal to accept the message compelled them to kill Jesus. They killed the Angels too in their hearts and in their mind. They did not want to hear anything from Jesus anymore. See Jesus died. He is not God. He did not ascend. His body was stolen and hidden by His disciples. That is how they saw it.

The message of Jesus is that there is God in every man and He demonstrated how to be one with that God. Those who are able to be one with God now may go ahead to heaven as demonstrated by Enoch, Elijah and Jesus Himself. Christians who read the Bible might know them as the only men who ascended. There is, however, every reason to suspect that there were and there are others we do not know of. If someone ascended will those who knew tell it to the world? Of course not, they will only get killed. If they get killed will the people believe? Maybe some will and maybe some will believe later.

So this is what and how everything goes on in the world. God has been patiently waiting for thousands of years and is still waiting for our full recovery in this earthly rehabilitation program. As Sarah Josepha Hale's poem goes:

“And so the teacher turned it out,
But still it lingered near,
And waited patiently about,
Till Mary did appear.”

It is unfortunate that God's patience is being misconstrued as sleeping on the job by those who are blinded by their frigid heart, intellectual arrogance and spiritual ignorance. We presented in the previous chapters how God is doing every tick of the clock. God is not as irresponsible as we are.

Chapter 15

The Second Coming of Jesus

Jesus was asked when will the coming of the Kingdom be, and He answered saying that the coming of the Kingdom is not something to be seen by observation. (*Luke 17:29 And when he was demanded of the Pharisees, when the kingdom of God should come, he answered them and said, The kingdom of God cometh not with observation: 21 Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.*) According to Jesus, no one can say it is here or it is there, because the Kingdom of God is within us. This lines have been cited this fifth time in this book. Why? The purpose of this repetition is to stress the importance of the message it brings. How does this fit within the context of the other verses?

Let us take for example: *Acts 1:9 And when he had spoken these things, while they beheld, he was taken up; and a cloud received him out of their sight. 10 And while they looked steadfastly toward heaven as he went up, behold, two men stood by them in white apparel; 11 Which also said, you men of Galilee, why stand ye gazing up into heaven? This same Jesus, who is taken up from you into heaven, shall so come in like manner as ye have seen him go into heaven.* Verse 9 says Jesus was taken up to the sky out of their sight. Verse 11 says Jesus will come in the same manner. To us, who are oriented with the physical nature of seeing things, these verses and the verses in the Gospel of Luke in the preceding paragraph may

look contradictory. In Luke, Jesus says the coming of the Kingdom is not something to be seen by observation. Yet, here the two Angels said Jesus will come down from heaven like reversing what the disciples witnessed.

The coming of the Kingdom and the coming of Jesus should be the same event. Which of the descriptions then is true, Jesus' or the Angels'? Jesus and the Angels do not lie. That means only one thing, both descriptions are true and correct. The Angels were talking to the disciples of Jesus who deserved to see the miracles. The fact that they saw Jesus disappear into the clouds means that their souls are pure enough to see sights as this. That also means that their kind of purity will enable them to see Jesus who was to come again. (*Matthew 5:8 Blessed are the pure in heart: for they shall see God.*) Jesus was talking to the Pharisees whose heart and mind were oriented to reject Gods message. That means they were not qualified to see the coming of the Kingdom. They were not even able to recognize Jesus at that time. Simply stated, men with qualities like that of the Pharisees Jesus was talking to will not recognize the coming of Jesus the way men with qualities of the disciples will.

Let us take as example what happened to Stephen. (*Acts 7:56 "Look," he said, "I see heaven open and the Son of Man standing at the right hand of God."59 While they were stoning him, Stephen prayed, "Lord Jesus, receive my spirit."*⁶⁰ *Then he fell on his knees and cried out, "Lord, do not hold this sin against them." When he had said this, he fell asleep.*) The people stoning him did not see what he saw. If they saw it, they would have stopped stoning Stephen. Miracles can only be felt and seen or experienced by people to whom such miracles are intended. This is what Jesus meant by saying that the Kingdom will not come with observation. Jesus also said that the Kingdom is within us, because its coming happens inside the temple of the Holy Spirit (our flesh body) to

be seen by the third eye and not outside tangible to the five senses.

There are events analogous to this in our Bible. (*John 1:50 Jesus said, "You believe because I told you I saw you under the fig tree. You will see greater things than that." 51 He then added, "Very truly I tell you, you will see heaven open, and the angels of God ascending and descending on the Son of Man."*)

The description of Jesus to Nathanael is similar to Stephen's vision immediately before he died. Jacob had similar vision in a dream. (*Genesis 28:12 He had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it. 13 There above it stood the LORD, and he said: "I am the LORD, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying)* This is the vision we are going to see when salvation comes to us. How will this happen? This is the description of Jesus: *Matthew 24:40 Then shall two be in the field; the one shall be taken, and the other left. 41 Two women shall be grinding at the mill; the one shall be taken, and the other left. 42 Watch therefore: for ye know not what hour your Lord doth come.* Will the one left know that the other was taken away? No, he was left because he is not worthy to see things like that, maybe he will know later. The one who is taken away will see sight like what Stephen saw.

So far, we Christians are looking forward to the future when Christ will come again. Consider these:

- 1) The Prophet Isaiah said He shall be called Immanuel meaning God with us.
- 2) Jesus said I am with you always until the end of the age.
- 3) Jesus said before Abraham, I am.

Number one above tells us that the Christ is with us and it is in the present tense. Number 2 says until the end of the age and number 3 says He was with us even before Abraham. Who then are we waiting for when He was, is, and will always be with us even until the end of the age? Where? Consider these again:

- 1) Genesis tells us that the image and likeness of God is within us.
- 2) Jesus said the Kingdom is within you.
- 3) Jesus said I am the vine you are the branches

This is what we have been trying to point out in this book “He is here but is not here.” Why? In *Revelation 3:20* Jesus said: “Behold, I stand at the door, and knock: if any man hears my voice, and opens the door, I will come in to him, and will sup with him, and he with me.” Which door, the door in our house? No, it is the door in our heart. Did we not say we love Jesus? (*Mark7:6* He answered and said unto them, Well hath Esaias prophesied of you hypocrites, as it is written, This people honoureth me with their lips, but their heart is far from me.) We did, we always do say that but our heart is really far away. What makes us become like this? Our Karma, our habit of thought and feeling from the past make us not mean what we say, and we think we mean it but we do not know that we don’t mean it. Enoch, Elijah and Jesus became like God and ascended to heaven because they knew how to mean what they say. Were there people other than they who made it back to the Father? Yes, there must be. Why do we not see it? Because Jesus said it is not something to be observed, and because we are not yet worthy to see it.

The point here is that Jesus is here, right now! What is the second coming all about? Simple, the second coming is our individual acceptance, full acceptance. The coming of the

Kingdom comes to any one, to you, or me anytime we learn to open our heart and mind, our soul to the groom—Jesus the Christ. Scientists have discovered the so called alpha, theta, and delta levels of consciousness wherein the mind becomes able to reflect on the so called super self. This is not new. Wise men of ancient times did it and they called it meditation. The super conscious, higher self, super self scientists are talking about is the God in every one of us. This is the piece of bread that the Word broke out of His body and shared to each and every one of us. Great milestones in Science have been made possible by this method of thinking about a concept, a problem, theory day and night even in dreams. Great scientist like Newton, Einstein, Leibnitz, Copernicus, Tesla, Edison to name a few did this method without being aware of it.

This is the way that Jesus was talking about. Let us meet Him there within the deepest level of our mind. That is what we are trying to do in Chapter 10 and Chapter 11 of this book. Remember we are branches of the vine. Let us strengthen our attachment to the source. May God bless us all. See you all in heaven, sooner or later. Amen.

Suggestions for further reading:

1. The Holy Bible
2. The Lost Teachings of Jesus by Mark and Elizabeth Prophet.
3. Star Signs by Linda Goodman
4. The Greatest Secret in the World, by Og Mandino
5. I Am Joe's Body, by Dr. Joe Ratcliff
6. Ninety Days to Self-Health by N. Shealy
7. The Miracle of Fasting by Paul Bragg

Suggested sites:

1. <http://www.iaminman.com>
2. <http://www.tsl.org>
3. <http://www.edgarcayce.org>
4. <http://www.sacred-texts.com/index.htm>
5. <http://reluctant-messenger.com/main.htm>
6. <http://www.remoteviewinglight.com/index.html>

This book is the product of the author's search for answers why he was born poor while others wealthy. Why he was sickly and weak while others strong and healthy? Why should we get sick, get old and die? Why all the bad things in the world? The answers he found are written in this book.



Pablo was born in the only Christian country in South East Asia, the Philippines on February 5, 1954. He grew up in a poor family so he had to work his way to finish Bachelor of Science in Commerce, Accounting. Then he worked with Coca-Cola Bottlers Philippines while gradually completing his Master of Business Administration. Now he lives in Calgary, Alberta, Canada with his wife, daughter and son in law.

Pablo sings, writes songs, and this is the second book he has written. The first book was titled: "We Are Gods: Jesus Said So". He is in <http://www.iaminman.com>, a site he constructed by himself. He is also in <http://www.youtube.com/psolatin>. Pablo says he will use all his talents in praise of the giver.